



New International Freshman Transition

Welcome to the UW! The following **4 STEPS** must be completed, in recommended order, prior to the start of autumn quarter.

STEP 1 Register for 1 of 3 Advising & Orientation (A&O) Options (Compulsory/Required)

A

Hybrid A&O Online
& On-Campus

B

2-Day A&O
On-Campus

C

Early Fall Start
A&O On-Campus

fyp.washington.edu

STEP 2 Complete International Student Services Information Session (Compulsory/Required)

Students will not be allowed to register for any classes until they have completed this session.
iss.washington.edu/new-students/pre-arrival

Submit Measles Immunization (Compulsory/Required)

Students will not be allowed to register for any classes until they have completed the measles vaccination requirement. International students can receive a deferral, and must contact Hall Health for one if needed. fyp.washington.edu/measles

Sign up for Health Insurance

All F-1 and J-1 visa status students are automatically enrolled when registering for classes for the International Student Health Insurance Plan (ISHIP) offered by the UW.
www.washington.edu/ship/international-student-insurance-health-plan

Complete University 101

The A&O process requires the completion of a pre-orientation online component called University 101 (U101) fyp.washington.edu/u101

STEP 3 Attend Advising & Orientation (Compulsory/Required)

Attend your registered A&O program. Your A&O session will include the ISS and FIUTS International Student Orientation Session.

fyp.washington.edu

STEP 4 Participate in FIUTS International Student Welcome Weeks

(Attendance is strongly encouraged)

Attend information sessions to learn about U.S. customs and lifestyles, visa and immigration essentials, and campus resources. Also participate in events to meet other international and U.S. students and discover Seattle.

September 11th-26th www.fiuts.org

Participate in Dawg Daze (Attendance is strongly encouraged)

Pick from over 220 academic and social events to start exploring all that UW has to offer.

September 21st-30th www.uwdawgdaze.com

For a chinese version of the Husky Guide, go to
fyp.washington.edu/hgchinese

Attending a tutoring session and talking with an academic adviser are steps to success. Explore the resources below and take action autumn quarter!

Undergraduate Advising: Exploring Majors

Advisers in Undergraduate Academic Affairs Advising guide and support students in exploring, questioning, and navigating the events and significance of their undergraduate education. Here are some things to keep in mind when exploring majors:

1. Most students are admitted to the UW as “pre-major” students, meaning they are not yet in a major or department.
2. A major is an extended study of one academic area and is only a part of a student's overall education at the UW.
3. UAA Advisers work with pre-major students to help them reflect on their interests and explore academic options.
4. When and how to declare a major at the UW varies major to major. It is important that students give themselves time to investigate potential majors early in their academic career.

Visit the UAA Advising Website to start searching for majors.
<http://fyp.washington.edu/chooseamajor>

Academic Support Programs: Conversation Groups and CLUE Study Center

Enhance your classroom experience through participation in academic resources on campus:

1. **Center for Learning and Undergraduate Enrichment (CLUE)** is the UW's free, late-night, multidisciplinary study center also located in Mary Gates Hall. CLUE provides free Drop-In Tutoring, Writing Center, Exam Review and Discussion Sessions where Teaching Assistants (TAs) from courses across campus run weekly sessions to dive into the topic further.
2. **Conversation Groups** are a great way to acclimate to the UW campus. These are spaces where international and multilingual students can get comfortable discussing life and culture at the UW and become confident improving communication skills and speaking English.

Identify a Conversation Group you will visit autumn quarter.
<http://depts.washington.edu/aspuw/clue/home/>

Husky Leadership Initiative (HLI): Learn to Lead

Leadership can be learned and grows out of experience, practice and reflection. Everyone can engage in leadership. Here are two ways to jumpstart your leadership development journey this fall:

1. Get inspired by attending U Lead We Lead where you'll hear from local leadership legends (October 26 | 6-8 p.m. | The HUB).
2. Register for a one credit Freshman Collegium Seminar and explore fascinating topics alongside UW's innovative faculty members.
3. Get involved! Check out the Leadership Commons to find something that interests you!
<http://huskyleadership.uw.edu/programs/leadership-commons/>

Follow the Husky Leadership Initiative at <http://huskyleadership.uw.edu> to stay up to date on leadership development opportunities throughout the year.