SEPT. 20–29
Dawg Daze is UW’s week of welcome for new students! uwdawgdaze.com

Don’t miss the class “W” photo on SUNDAY, SEPT. 23!

Dawg Daze has over 250 events. See page 67 of this guide for special event ticket information.

Transfer students: Check out transfer specific events online.

Get more information and order tickets at www.Convocation.Washington.edu

NEW STUDENT CONVOCATION
SUNDAY, SEPTEMBER 23, 2018 • 10:30 AM
ALASKA AIRLINES ARENA • HEC EDMUNDSON PAVILION

PRESIDENT’S PICNIC
RAINIER VISTA FOLLOWING CONVOCATION

TABLE OF CONTENTS

The Husky Guide is divided into six sections based on topic area. These sections match the online modules in University 101 to make navigation easier for you.

Hold on to your Husky Guide, throughout A&O you will be asked to refer to specific page numbers for more information and to complete activities.

Page numbers for each section are listed below:

08 AGENDAS
06. Common Acronyms
08. Freshman A&O
12. Transfer A&O
14. Parent Orientation
16. International Student Success

18 ACADEMICS
21. Course Registration
22. Academic Advising
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36. Tuition Payment Deadline
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44. Housing & Food Services
46. Fraternity & Sorority Life
48. Husky Union Building
51. Husky Card

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54. Health Insurance
57. Health & Wellness
58. Title IX
60. UW Recreation
62. UW Police Department

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67. Dawg Daze Sporting Event Tickets
68. Areas of Academic Interest
77. University Book Store Coupon

04/13/18 5:57 PM

Top 10 Checklist
Below are ten of the most important things you should do before the quarter begins.

☐ Check your UW email weekly.
☐ Bookmark Dawg Daze events on the New UW Huskies app.
☐ Create a communication plan with your family & friends.
☐ Review your course schedule on MyUW.
☐ Explore campus jobs.
☐ Set up direct deposit with Student Fiscal Services.
☐ Check in with your future roommates (even if you will be living at home).
☐ Complete the Health Insurance Checklist and research healthcare providers (doctors, therapists, etc.)
☐ Register your valuables with the UW Police Department.
☐ Create a University Book Store account and make plans to purchase books and supplies.
WELCOME
FIRST-YEAR STUDENTS, PARENTS AND FAMILIES:

Welcome to the University of Washington family!

The hallmark of a UW education lies in taking advantage of the boundless possibilities at this great institution. Here, students are connected to leading-edge academic experiences that help them discover how they want to impact the world, reflect on their growth and challenges and embrace their responsibility to themselves and others.

In UW classrooms, students investigate, explore and debate contemporary and enduring issues facing our world. The faculty guiding them are inspiring teachers, world-renowned scholars and innovative researchers who are deeply invested in creating rich and dynamic intellectual experiences for undergraduates. Beyond UW classrooms, students apply their newfound knowledge in research labs, through community-based service, leadership opportunities or study abroad.

The combination of experiences within and beyond the classroom prepares students to undertake their journey into a complex, interconnected and fascinating world with enduring and to-be-discovered challenges and opportunities.

By engaging deeply in this Husky Experience, students will strengthen and grow the drive, courage and compassion needed to make meaningful contributions to their careers and communities, whether those communities are around the corner or around the world. Indeed, our job is to develop students so they graduate with the knowledge, experience and mindset to lead a future with optimism, innovation and purpose.

I hope that you will be driven to discover all of the tremendous opportunities at the University of Washington.

ED TAYLOR
Vice Provost and Dean, Undergraduate Academic Affairs
Professor, Educational Leadership and Policy Studies

THE HUSKY EXPERIENCE

In this guide we have included information that will help you and your parents navigate the University of Washington community and begin creating your own Husky Experience.

FIRST YEAR COMMON QUESTION
WHO ARE WE, WHAT ARE WE FOR?

The diagram below outlines the different opportunities you have to learn more about the University of Washington as you navigate through your first year. Think of how you would answer the question above as you find smaller communities and discover resources that will help you meet your goals.

U101 University 101
Revisit the U101 modules or registration resources at any time throughout the year for links and other helpful information.

A&O Advising & Orientation
Utilize your time at A&O to meet people, ask questions and begin to see yourself as a member of this community.

HG Husky Guide
The Husky Guide is the perfect place to take notes and discover more information about campus resources.

DD Dawg Daze
Dawg Daze is your opportunity to connect with other people, explore new ideas and get involved on campus.

FIG First-year Interest Groups
Consider enrolling in a FIG to be part of a community dedicated to academic success, support and exploration.

CTC Commuter & Transfer Commons
Visit the CTC in the Husky Union Building for the day-use lockers, the kitchenette or to take a break between classes.
<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>A&amp;O</td>
<td>Advising &amp; Orientation</td>
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<tr>
<td>A&amp;S</td>
<td>College of Arts &amp; Sciences</td>
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<td>ASP</td>
<td>Academic Support Programs</td>
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<td>ASUW</td>
<td>Associated Students of the University of Washington</td>
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<td>CAMP</td>
<td>College Assistance Migrant Program</td>
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<td>CLUE</td>
<td>Center for Learning and Undergraduate Enrichment</td>
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<td>CTC</td>
<td>Commuter &amp; Transfer Commons</td>
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<td>DRS</td>
<td>Disability Resources for Students</td>
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<td>ECC</td>
<td>Ethnic Cultural Center</td>
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<td>EFS</td>
<td>Early Fall Start</td>
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<td>EOP</td>
<td>Educational Opportunity Programs</td>
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<td>EXPD</td>
<td>Center for Experiential Learning and Diversity</td>
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<td>EPE</td>
<td>Engineering Peer Educator</td>
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<td>FAFSA</td>
<td>Free Application for Federal Student Aid</td>
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<td>FIG</td>
<td>First-year Interest Group</td>
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<td>FIUTS</td>
<td>Foundation for International Understanding Through Students</td>
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<td>First Year Programs</td>
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<td>HFS</td>
<td>Housing and Food Services</td>
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<td>Husky Leadership Initiative</td>
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<td>HUB</td>
<td>Husky Union Building</td>
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<td>I&amp;S</td>
<td>Individuals &amp; Societies</td>
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<td>IC</td>
<td>Instructional Center</td>
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<td>IFC</td>
<td>Interfraternity Council</td>
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<td>IMA</td>
<td>UW Recreation/IMA Building</td>
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<td>NPHC</td>
<td>National Pan-Hellenic Council</td>
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<td>NSEOF</td>
<td>New Student Enrollment and Orientation Fee</td>
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<td>NW</td>
<td>Natural World</td>
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<td>Office of Student Veteran Life</td>
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<td>Panhellenic Association</td>
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<td>QSR</td>
<td>Quantitative and Symbolic Reasoning</td>
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<td>Residential Adviser</td>
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<td>RDR</td>
<td>Rainy Dawg Radio</td>
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<td>ROTC</td>
<td>Reserve Officers Training Corps</td>
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<td>RSO</td>
<td>Registered Student Organization</td>
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<td>SAF</td>
<td>Services &amp; Activities Fee</td>
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<td>SAO</td>
<td>Student Activities Office</td>
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<td>PHE</td>
<td>Peer Health Educator</td>
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<td>SFC</td>
<td>Student Food Cooperative</td>
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<td>SFS</td>
<td>Student Fiscal Services</td>
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<td>SLN</td>
<td>Schedule Line Number (code to register for classes)</td>
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<td>SORC</td>
<td>Student Organization Resource Center</td>
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<td>SPD</td>
<td>Seattle Police Department</td>
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<td>STF</td>
<td>Student Technology Fee</td>
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<tr>
<td>TA</td>
<td>Teaching Assistant</td>
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<tr>
<td>TITLE IX</td>
<td>Federal Gender Equality Law that prohibits sex-based discrimination</td>
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<tr>
<td>TRIO</td>
<td>(not actually an acronym): Federal programs designed to identify and provide services for individuals from disadvantaged backgrounds.</td>
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<tr>
<td>UAA</td>
<td>Undergraduate Academic Affairs</td>
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<td>UGC</td>
<td>United Greek Council</td>
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<td>UW</td>
<td>University of Washington</td>
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<td>UWL</td>
<td>UW Leaders</td>
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<td>UWPD</td>
<td>UW Police Department</td>
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<tr>
<td>VLPA</td>
<td>Visual, Literary and Performing Arts</td>
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<tr>
<td>WAC</td>
<td>Waterfront Activities Center</td>
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</tbody>
</table>
### FRESHMAN A&O DAY 1

**11:30 a.m. - 12 p.m.**
**WELCOME**

**12:10 - 12:50 p.m.**
**SMALL GROUP: COMMUNITY BUILDING**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Description</th>
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<tbody>
<tr>
<td>1:30 - 1:50 p.m.</td>
<td>CONVERSATION WITH FACULTY</td>
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<tr>
<td>2 - 2:30 p.m.</td>
<td>HUSky EXPERIENCE INFORMATION SESSIONS</td>
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<tr>
<td>2:30 - 3 p.m.</td>
<td>SMALL GROUP: CONNECTING TO UW RESOURCES</td>
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<tr>
<td>3:10 - 3:30 p.m.</td>
<td>ACADEMIC INTRODUCTION</td>
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<tr>
<td>3:40 - 4:25 p.m.</td>
<td>ACADEMIC INTEREST SESSIONS</td>
</tr>
<tr>
<td>4:35 - 4:55 p.m.</td>
<td>REGISTRATION INFORMATION &amp; UNIVERSITY BOOK STORE</td>
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<tr>
<td>4:55 - 5:45 p.m.</td>
<td>LIFE HACKS FOR YOUR FIRST YEAR</td>
</tr>
<tr>
<td>5:55 - 6:25 p.m.</td>
<td>SMALL GROUP: IDENTITY &amp; COMMUNITY</td>
</tr>
</tbody>
</table>

**6:30 p.m.**
**DAY 1 CLOSING**

### FRESHMAN A&O DAY 2

**8 a.m.**
**SMALL GROUP: CHECK-IN**
Breakfast is on your own. However, coffee is available during this first session.

**8:10 - 8:30 a.m.**
**ACADEMICS WELCOME**

**TIMES VARY**
**SMALL GROUP TOPICS**
- Time Management
- Academic Integrity Case Study
- Health & Wellness
- Campus Wayfinding & UW Traditions
- Choices & Relationships

**TIMES VARY**
**ACADEMICS, CAMPUS EXPLORATION & LUNCH:**
Advising & Registration
Join academic advisers to continue talking about areas of study and graduation requirements. Advisers will also be on hand to help you register for courses.

**Your New Found Freedom**
Discuss strategies for finding balance in school, work and your personal life by taking responsibility for the decisions you make in college and the impact your decisions have on yourself and others in your community.

**Health & Wellness Resources**
Explore how mental health, relationships, consent, alcohol and interpersonal violence impact your UW experience. Learn about campus resources that support students.

**Money Matters**
Identify best practices for managing your finances while in college and learn about your responsibilities when it comes to paying the tuition bill.

**4:25 - 4:55 p.m.**
**CLOSING & TRADITIONS**
Wrap up your A&O by learning about UW traditions, picking up your Husky ID card and getting your final questions answered.

**5 - 6 p.m.**
**UNIVERSITY BOOK STORE RECEPTION**
4326 UNIVERSITY WAY NE
Meet your family at the University Book Store on the Ave to enjoy refreshments and pick up your free University of Washington t-shirt at The Husky Shop (p. 79).
CONGRATULATIONS!

We recognize that you and your family worked hard for you to attend the University of Washington. You are now part of a campus community determined to help you thrive throughout your Husky Experience.

Writing a to-do list serves as a reminder of the important tasks that you need to prioritize. Creating a weekly schedule will help you determine how much time you will spend on your activities. Decide which important tasks need to be done first. Planners can help you organize your week.

Anxiety about your transition is normal — interact with other first-year students on New Huskies Facebook, ask questions and share your story to begin making friends. Step out of your comfort zone, meet new people and attend Dawg Daze events when you arrive on campus.

We have over 44,000 students here! Class sizes will be much larger than at your previous institution. You will need to seek them out and have questions prepared ahead of time. Even with larger lecture-based classes, professors and TAs are available to assist students.

Professors and teaching assistants (TAs) are available for help with course content. You belong here. Identify your support system on campus and seek help when you have questions. Academic advisers are always willing to answer questions and provide clarity.

The UW admits roughly 2,000 new transfer students each academic year. You will need to seek them out and have questions prepared ahead of time. Even with larger lecture-based classes, professors and TAs are available to assist students.

Learn about campus. Bring your family and friends to campus for an event; most are open to the public. Visit MyUW to find your class buildings and download Scout UW to find spaces to study on campus.

Writing assignments will vary. Clarify expectations with your professor. We also have fantastic writing and tutoring centers across campus. Ask where these centers are located within your major or go exploring across campus and discover them on your own!

Interests in academic support and tutoring? Visit the Center for Learning and Undergraduate Enrichment (CLUE) for more information.

Interested in academic support and tutoring? Visit the Center for Learning and Undergraduate Enrichment (CLUE)!

ATTEND TRANSFER DAWG DAZE EVENTS!

UWDAWGDZ.COM

HOW TO MANAGE TRANSFER SHOCK*

Advice from your fellow transfer students:

You belong here. Identify your support system on campus and seek help when you have questions. Academic advisers are always willing to answer questions and provide clarity.

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FOR MORE INFORMATION VISIT:

dep.ts.washington.edu/aspuw/clue

*TRANSFER SHOCK refers to a cause and effect relationship between transferring and a drop in one’s GPA

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dep.ts.washington.edu/aspuw/clue

*TRANSFER SHOCK refers to a cause and effect relationship between transferring and a drop in one’s GPA
TRANSFER A&O

8 - 8:20 a.m.
WELCOME

8:20 - 9:15 a.m.
CONVERSATION WITH FACULTY & ACADEMIC INTRODUCTION

9:25 - 9:55 & 10 - 10:30 a.m.
EXPLORE YOUR HUSKY EXPERIENCE
CHOOSE TWO

Learn to Lead:
Activate your Husky Experience

Leadership can be defined and practiced in different ways. Identify how you will activate your leadership development at the UW.

Helping Huskies Get Hired:
Career & Internship Center

Explore options that align with your strengths, interests and goals, expand your professional network, secure jobs and internships while in school and prepare for careers after graduation.

Husky Life Hacks:
Commuting, Living On Campus, Dining and Transportation

Explore your options for commuting or living in a residence hall. This session will offer insider tips about transportation, dining and more.

10:35 - 10:55 a.m.
STUDENT FISCAL SERVICES

10:55 - 11:25 a.m.
HEALTH & WELLNESS

11:25 - 11:40 a.m.
PERSONAL & PROPERTY SAFETY WITH UWPD

11:40 - 11:50 a.m.
REGISTRATION RESOURCES

11:50 a.m. - 12:20 p.m.
TOOLS FOR ACADEMIC SUCCESS & TRANSFER STUDENT PANEL

12:30 - 1:30 p.m.
LUNCH

1:30 - 5 p.m.
AFTERNOON SESSION ROTATIONS

Refer to the next page for rotations and times.

Academic Advising Appointment
You will meet with an academic adviser to discuss your academic area of interest and potential classes for your first quarter in either an individual or small group setting.

Registration Lab
After your academic advising appointment visit the registration lab in Mary Gates Hall to register for courses and get any final questions answered by UAA advisers.

Navigating Next Steps
Meet in the Mary Gates Hall Commons to ask questions, take your Husky ID card photo, learn about UW traditions and key resources for transfer students.

Check Out or Student Veteran Appointment
Officially complete your orientation requirement by checking out of Transfer A&O with a staff member from FYP or Student Veteran Life. This is where you can ask final questions and pick up your Husky ID Card.

Campus Business
Many campus offices will be open throughout the day. Use any extra time you have on campus to visit campus offices that will assist in your transition to the UW.

Text First Year Programs at
802-490-5012
if you have questions or need help during your orientation.

Get the A&O and Dawg Daze schedules on your phone.
Download the UW NEW HUSKIES app
for iPhone & Android devices.

Your name tag will indicate your rotation and specific locations for each session.

As part of your Check Out don’t forget to complete the Transfer A&O Program Evaluation
fyp.washington.edu/treval

13
8:15 - 8:40 a.m.  WELCOME
Parent Orientation begins with a welcome from administrators and an overview of the agenda.

8:40 - 10:30 a.m.  ACADEMIC SUCCESS
Your student’s academic success is our main priority. This session features conversations with faculty members and academic advisers about academic expectations and requirements.

10:40 - 11:20 a.m.  THE HUSKY LIVING EXPERIENCE
Regardless of where your student lives, there are resources to help them make sure their living environment supports their academic experience. Select one of the following sessions based on your student’s plans for the fall quarter.

• Commuting from Off-Campus
• Fraternity or Sorority House
• On-Campus Residence Hall

11:30 - 12:10 p.m.  CAMPUS TOURS
Get your questions answered by knowledgeable student leaders while exploring campus. Select one of the following walking tours or information sessions.

• Walking Campus Tour
• Walking Residence Hall Tour
• Student Panel Discussion
• Student Athlete Academic Services Information Session (for parents of student-athletes)

12:10 - 1:10 p.m.  LUNCH & OPTIONAL SESSIONS
Help yourself to lunch and feel free to mingle throughout the hour. You may also take advantage of the following information sessions beginning at 12:30 p.m.

• Student Financial Aid Information Session
• Drop-in to learn more about the following offices:
  - Office of Student Veteran Life (HUB 327), Q Center (Gender & Sexuality, HUB 315), FLITS: Foundation for International Understanding Through Students (HUB 206).

1:20 - 3:30 p.m.  FIRST-YEAR EXPERIENCE
A variety of professionals will offer tips on how to support your student as they navigate their first year, including purchasing textbooks, paying the tuition bill, campus safety and maintaining health and wellness.

3:40 - 4:10 & 4:15 - 4:45 p.m.  INTEREST SESSIONS
These workshops are designed for you to customize your orientation based on different topic areas. Sessions, times and locations are located on the Parent Orientation Insert.

5 - 6 p.m.  UNIVERSITY BOOK STORE RECEPTION
4326 UNIVERSITY WAY NE
Meet your student at the University Book Store on the Ave to enjoy refreshments and use your 20% discount coupon in The Husky Shop (p. 77).

ACCESSING INFORMATION:
Talk with your student about sharing access to their educational records.
fyp.washington.edu/access

DOWNLOAD SLIDES & VIDEOS:
Review all slides, videos and other program information discussed at Parent Orientation.
fyp.washington.edu/sessioninfo

WELCOME TO THE HUSKY FAMILY!
One of the most important determinants of a successful transition to college is parental support. While your involvement in your student’s education is important, over-involvement (also known as helicopter parenting) is associated with students having less resilience when they face the inevitable challenges of college. This may require adjusting how you support your student. Below are some tips on how to help your student develop resilience:

- **SUPPORT AUTONOMY**
  Encourage your student to take the lead in solving academic and social challenges. Value your student’s choices and give them the space to fully participate in decision-making about their education.

- **ENCOURAGE A GROWTH MINDSET**
  Suggest positive and developmental responses to challenges like seeking new strategies, putting forth greater effort or solving conflicts peacefully.

- Ask questions that facilitate these strategies rather than telling your student what to do or doing a task for them. Focus your questions on processes and learning experiences rather than on grades and outcomes.

PARENT & FAMILY PROGRAMS
Parent & Family Programs is dedicated to connecting you with the right resources to support your student’s success and ensure that the whole family can participate in a truly remarkable Husky Experience. washington.edu/parents

- Save the date & register for PARENT & FAMILY WEEKEND April 12-14, 2019
  washington.edu/parents/pfw
- Engage with other parents on FACEBOOK facebook.com/groups/uwparents
  Other Facebook pages to follow:
  facebook.com/uofwa
  facebook.com/uwstudentlife
  facebook.com/wparentsandfamily
- Read Dr. Ana Mari Cauce’s PRESIDENT’S BLOG washington.edu/president/blog
- Subscribe to:
  UW NEWS washington.edu/news
  UW ALERT washington.edu/safety/alert

Support the PARENT & FAMILY FUND washington.edu/parents/support

Check out UW IMPACT uwimpact.org

CREATE YOUR PLAN
What are your expectations of your student as they begin their Husky Experience?
INTERNATIONAL STUDENT SUCCESS

Welcome! We are excited to have you as a part of the UW community. You bring diverse perspectives, knowledge and experiences that strengthen our classrooms, research and campus community. Here are a few first steps for you to consider as you complete your first quarter.

MANAGING YOUR SCHEDULE

<table>
<thead>
<tr>
<th>TIME</th>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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RESPONSIBILITIES

<table>
<thead>
<tr>
<th>RESPONSIBILITIES</th>
<th>WEEKLY TIME COMMITMENT</th>
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</thead>
<tbody>
<tr>
<td>Class 1</td>
<td>Credit hours in class x 2 hours study =</td>
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<tr>
<td>Class 2</td>
<td>Credit hours in class x 2 hours study =</td>
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<tr>
<td>Class 3</td>
<td>Credit hours in class x 2 hours study =</td>
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<tr>
<td>Class 4</td>
<td>Credit hours in class x 2 hours study =</td>
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<tr>
<td>Sleep</td>
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<td>Personal Hygiene</td>
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<td>Meals</td>
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<td>Commute</td>
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<td>Employment</td>
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<td>Campus/Community Involvement</td>
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<td>Friends/Family</td>
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<td>Physical Fitness</td>
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<tr>
<td>Spiritual Practice</td>
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<tr>
<td>Miscellaneous Responsibilities</td>
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</tbody>
</table>
ACADEMICS

Joining the University of Washington comes with responsibilities as a student. We assume that you will conduct yourself as a responsible member of our community. That includes contributing to the pursuit of academic goals and practicing high standards of academic integrity.

ACADEMIC INTEGRITY

It is important to know and understand the expectations of the University and your specific instructors regarding academic standards. It is also important to know that certain behaviors do not align with academic integrity and negatively impact the learning environment.

If an instructor suspects you of academic misconduct, they will submit a report to the School or College you are enrolled in at the time of the alleged misconduct. If you are found responsible for violating the Student Conduct Code, you will be assigned appropriate sanctions based on the violation. For more information go to uw.edu/cssc

FERPA: FAMILY EDUCATIONAL RIGHTS & PRIVACY ACT

FERPA is a federal law that governs the use of, and limits access to, student educational records. Students have full access to their academic records by logging into their MyUW account, but access is limited or restricted to others, including parents and family members.

The following offices have individual processes to authorize users to view student information:

- Student Fiscal Services (tuition, fees)
- Financial Aid
- Housing & Food Services
- Hall Health & Counseling Center

STUDENTS

washington.edu/students/reg/ferpa

PARENTS & FAMILIES

washington.edu/parents/student-life/ferpa

ACADEMIC INTEGRITY

There are 8 types of academic misconduct:

- Cheating
- Falsification
- Plagiarism
- Unauthorized collaboration
- Engaging in behavior specifically prohibited by an instructor or course syllabus
- Submitting the same work for separate courses without the permission of the instructor(s)
- Taking deliberate action to destroy or damage another person’s academic work
- Recording and/or disseminating instructional content without the permission of the instructor (unless approved as a disability accommodation)

FERPA: FAMILIY EDUCATIONAL RIGHTS & PRIVACY ACT

Accessing Your Student Records

FERPA is a federal law that governs the use of, and limits access to, student educational records. Students have full access to their academic records by logging into their MyUW account, but access is limited or restricted to others, including parents and family members.

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- Hall Health & Counseling Center

STUDENTS

washington.edu/students/reg/ferpa

PARENTS & FAMILIES

washington.edu/parents/student-life/ferpa

BACHELOR’S DEGREE

An undergraduate (bachelor’s) degree is made up of several types of credits which include General Education, major and electives courses.

Your General Education requirements will vary based on your major.

For example, not every major requires a foreign language, and while many students take 20 credits of each Area of Knowledge, some majors require fewer.

Become familiar with the General Education requirements as you begin to research and ask questions about majors in order to have a good understanding of major specific requirements.

AREAS OF KNOWLEDGE (AoK)

AoKs are a strategy to formally organize the academic disciplines and areas of study here at UW. While these categorizations are distinct, it is important for students to recognize that overlap does occur.

VLPA: Visual, Literary and Performing Arts

This area of knowledge asks questions about the meaning of and value in human life, as well as the creation of effective expression of the human experience. The term “arts” is used here in a very broad sense and suggests practices, engagements and crafts of all kinds in addition to familiar studio traditions. Scholarship in this area includes (but is not limited to): Art, Art History, Classics, Cinema Studies, Communications, Drama, Design Studies, Literature and Languages.

16S: Individuals & Societies

The 16S area of knowledge poses questions around the meaning of and study of human behavior both individually and socially. This includes the history, development and dynamics of human behavior, as well as social and cultural institutions. Scholarship in this area includes (but is not limited to): Anthropology, American Ethnic Studies, Environmental Studies, Gender, Women & Sexuality Studies, History, Philosophy and Psychology.

NW: Natural World

Within the NW area of knowledge, questions are developed to explore and understand things existing in nature and typically not made or caused by human interaction. This involves the experimental study of the physical world around us. Scholarship in this area includes (but is not limited to): the mathematical, physical, environmental and biological sciences.

TOTAL CUMULATIVE GRADE POINT AVERAGE (GPA) NEEDED TO BE IN GOOD ACADEMIC STANDING

VLPA

16S

NW

Method of Inquiry

The following tools are designed to help students decide on a major and plan their course of study:

- UW Course Catalog
- UW Degree Works
- UW Major Frameworks
- UW Transfer Information

To learn more about the AoKs, visit the Association of American Colleges & Universities website or the AAC&U website.

*For students applying for engineering degrees, please refer to uwu.edu/engineeringtransfer.
AREAS OF ACADEMIC INTEREST

Arts, Humanities & Social Sciences: Explore the wide variety of the arts, humanities and social sciences. Learn about majors that focus on topics such as politics, history, society, art, culture, education, language and identity. Students interested in majors related to education or social work should also join this session.

Business & Economics: Learn about majors that advance your understanding of business and economics by exploring the behavior of individuals, firms, governments and organizations.

Computing & Technology: Explore majors that specifically focus on computation, design, modeling and data manipulation. Learn about technology-related majors, and also explore the variety of ways that you can integrate technology and computing into your education.

Engineering: Majors in engineering help you learn how to design materials, structures and systems while considering the limitations imposed by practicality, regulation, safety and cost. Session available only during Engineering Direct to College (DTC) A&O sessions.

Mathematics & Science: Learn about the pathways to study the physical world around you. Explore courses and majors in math, physical, natural, biological and environmental science.

QUESTIONS

Search for subjects you enjoyed previously or topics you're curious about.
Check to see if the majors you are interested in have prerequisite courses you can take now.
Review your incoming credits to see if any already apply to your intended degree.
First-year Interest Groups (FIGs) and/or Collegium Seminars can allow you to complete General Education requirements while also providing a mentor and built-in community.

KEY WORDS

SLN COURSE NAME CREDITS AREA OF KNOWLEDGE
EXAMPLE: 12345 MATH 124 5 NW

COURSE REGISTRATION

Registering for classes takes time and planning. Consider the following things when registering for classes:

- Search for subjects you enjoyed previously or topics you're curious about.
- Check to see if the majors you are interested in have prerequisite courses you can take now.
- Review your incoming credits to see if any already apply to your intended degree.
- First-year Interest Groups (FIGs) and/or Collegium Seminars can allow you to complete General Education requirements while also providing a mentor and built-in community.

BALANCE

- Include a variety of Areas of Knowledge (AoK) each quarter. Limit yourself to no more than two (2) courses in the same AoK.
- For every hour in class, expect to spend 2 hours outside of class.
- Depending on other responsibilities (work, family, commuting, etc.) it is recommended to maintain a 12-18 credit schedule.

STRUCTURE

- Take at least one course that is familiar and one course that is unfamiliar.
- Research and understand how courses are sequenced.
- Undergraduate courses are 100-400 level courses. Typically freshmen students will take 100-200 level courses.
- Talk to an adviser for more information about creating a schedule.

INCOMING CREDITS

The Degree Audit Reporting System (DARS) allows you to see how your incoming credits fit into your degree structure and help you make choices on which courses to take. Read more about incoming credits (p. 26).
WHO IS MY ACADEMIC ADVISER?
The University offers both pre-major advisers and advisers for each academic department on campus. Advisers for pre-major students work in Undergraduate Academic Affairs and OMA&D Academic Counseling Services located in Mary Gates Hall, room 141 open Monday through Friday, 8 a.m. to 5 p.m.

ACADEMIC ADVISING
As an undergraduate student, you’re expected to meet with your academic advisers and career coaches regularly, to ask questions and explore your resources. Your advisers are here to work with you to help you understand your degree requirements and discover ways to enhance your academic experience.

ACS: ACADEMIC COUNSELING SERVICES
As part of the Office of Minority Affairs & Diversity (OMA&D), ACS is dedicated to supporting academic excellence and undergraduate student achievement. Each ACS program offers one-on-one advising and assistance to students from economically disadvantaged families, students who will be the first in their family to graduate from a four-year college and underrepresented minority students.

EOP: Educational Opportunity Program
The EOP advising team is trained to guide students through the process of selecting and registering for classes, exploring possible majors and setting career goals. EOP advisers also assist with financial aid, housing, personal matters and a variety of other topic areas. Both pre-major and major enrolled students utilize EOP advising.

CAMP: College Assistance Migrant Program
CAMP is a federally funded program designed to assist first year students from migrant and seasonal farm working families. The CAMP team provides academic and personal support, financial assistance, peer mentoring and leadership opportunities.

Champions Program
The Champions program focuses on academic success of youth and alumni of foster care. By providing one-on-one support, community-building activities and educational advocacy to students, the Champions program seeks to prepare students for lifelong achievement after graduation.

TRIO SSS: TRIO Student Support Services
TRIO SSS provides holistic and comprehensive advising and instruction, in order to support economically eligible and first generation to college students at the University of Washington. Eligible students participate in classes, workshops and activities designed to promote the successful pursuit of their academic, professional and personal goals.

HONORS PROGRAM
Students have a few different ways to pursue Honors on campus: Interdisciplinary Honors, Departmental Honors or College Honors. A student that completes both Interdisciplinary Honors and Departmental Honors will receive College Honors at graduation. For more information about the UW Honors Program, visit honors.uw.edu

Interdisciplinary Honors Program
The Interdisciplinary Honors Program helps students take academic risks, actively engage in their learning, explore the world and their place in it and ultimately develop a deeper understanding of themselves and their goals. Students are given access to smaller classes, academic advising, community events, scholarships, study abroad and field studies programs. Students can apply to the Interdisciplinary Honors Program via the UW freshman application or at the end of their first year via Second Year Admission.

Departmental Honors
Once students are in their major, they can pursue Departmental Honors. Admission criteria and requirements vary from major to major and may include the completion of a thesis or additional coursework. Visit the website for your major(s) of interest to learn more about their requirements for Departmental Honors.

SAAS: STUDENT ATHLETE ACADEMIC SERVICES
The primary goal of SAAS is to help student athletes reach their academic goals. SAAS staff work closely with faculty, coaches, student services professionals and administrators to help student athletes balance the demands of academics and athletics. SAAS offers advising and tutoring to student athletes and encourages utilizing campus resources.

UAA ADVISING: UNDERGRADUATE ACADEMIC AFFAIRS ADVISING
Drawing from programs and opportunities across the entire University, UAA advisers help students plan and shape their undergraduate career. In addition to helping students choose their majors and plan their course schedules, advisers will work with students to help clarify their academic and personal goals. UAA advisers will help students critically think about their education and explore a diverse range of perspectives.

TRANSFER STUDENTS:
Connect with your assigned UAA/OMA&D ACS adviser over lunch during Dawg Daze on Tuesday, Sept. 25th. RSVP and learn more at uwdawgdaze.com

Winter Dawg Daze: Make an individual appointment with your adviser.
This page is for freshman students who were directly admitted to the College of Engineering (Engineering Undeclared).

**DIRECT TO COLLEGE ENGINEERING**

**ENGINEERING ADVISING TEAM:**

The mission of the engineering advising team is to create opportunities for engineering exploration, to foster intentional community and to empower students to make thoughtful decisions to maximize their experience at the University of Washington.

You will have an assigned engineering adviser who will partner with you to explore your interests in engineering and develop a holistic educational plan.

**E-FIG REGISTRATION**

All Engineering Undeclared students must register for an Engineering FIG which consists of:

- General Studies 199: University Community led by your Engineering Peer Educator (EPE) AND
- Engineering 101: Engineering Exploration

You will have an assigned engineering adviser who will partner with you to explore your interests in engineering and develop a holistic educational plan.

**Course Type** | **SLN** | **Course Name** | **Days** | **Time** | **Credits**
--- | --- | --- | --- | --- | ---
E-FIG | GEN ST 199 & ENGR 101 | | | |  
Science: CHEM or CSE 14X | | | | |  
Science: Lab/Quiz Section | | | | |  
Math | | | | |  
Math Quiz Section | | | | |  
VLPA, I&S, or English Composition | | | | |  

**Opportunities to Request Placement into an Engineering Major:**

- End of your first year at the UW
- Winter quarter of your second year at the UW

**ENGINEERING KICK-OFF**

Tuesday, Sept. 25 from 5 to 7 p.m. in the HUB Ballroom

Meet other incoming Engineering Undeclared students and connect with engineering student groups to learn how you can get involved!

---

**REGISTRATION COMPARISON**

There are two ways to navigate your academic options and register for classes:

1. **Register using MyPlan:**

   From the quarter plan view in MyPlan, you can navigate to the registration screen with one click. The SLN codes for your desired course will be automatically filled out.

2. **Register using SLN Codes:**

   You can also navigate directly to the registration screen and type your desired SLN codes.

**Register for classes starting from MyUW:**

<table>
<thead>
<tr>
<th>Action</th>
<th>MyPlan</th>
<th>SLN Codes</th>
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<tbody>
<tr>
<td>Search for available courses by quarter</td>
<td>✔️</td>
<td>✔️</td>
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<tr>
<td>Search Course Catalog for all courses offered at UW</td>
<td>✔️</td>
<td>✔️</td>
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<tr>
<td>View your visual schedule</td>
<td>✔️</td>
<td>✔️</td>
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<tr>
<td>View seat availability before registering</td>
<td>✔️</td>
<td>✔️</td>
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<tr>
<td>Sign up for seat availability notifications</td>
<td>✔️</td>
<td>✔️</td>
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<tr>
<td>Register for classes in Autumn, Winter, Spring and Summer full-term (non-FIG)</td>
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<tr>
<td>Register for Summer A &amp; B terms</td>
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<tr>
<td>Register for First-year Interest Group (FIG/E-FIG/T-FIG) classes</td>
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<td>✔️</td>
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<tr>
<td>View registration holds</td>
<td>Coming Soon</td>
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<tr>
<td>Drop courses</td>
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<tr>
<td>Change grading options (standard or satisfactory/non-satisfactory)</td>
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<tr>
<td>Make plans and compare potential schedules for future quarters</td>
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<tr>
<td>Bookmark courses of interest</td>
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<tr>
<td>Explore courses offered within specific degree programs</td>
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<tr>
<td>Learn about degree programs</td>
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<tr>
<td>Run a degree audit</td>
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<tr>
<td>Run an audit on your future planned courses</td>
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Access both registration methods from the registration card in MyUW.
TYPES OF TRANSFER CREDIT

Generally, transfer courses completed at your previous institution will count towards your 180 credits required for graduation.

Courses with specific UW equivalencies

Many transfer courses are listed with a specific UW course equivalency and are found at the top of your UW unofficial transcript.

Courses without specific UW equivalencies

A 1XX or 2XX instead of a course number indicates that the course credit transfers but is not equivalent to a specific course at the UW. 1XX indicates transfer courses offered at the 100 level; 2XX indicates courses offered at the 200 level.

- **DEPARTMENTAL 1XX OR 2XX:** Indicates content is not equivalent to a specific UW course but corresponds to a specific UW program, ex BIOL 2XX.
- **UW 1XX OR 2XX:** Means that the course does not correspond directly to a department at the UW but may be used toward general graduation requirements.

Courses taken as part of a sequence

In some cases, the student must complete an entire sequence of courses at the transfer institution to be awarded specific UW course equivalencies. If only one or two courses are completed, then the credit is usually awarded as departmental 1XX or 2XX.

# COLLEGE OF ARTS & SCIENCES

<table>
<thead>
<tr>
<th>REQUIREMENT</th>
<th>CREDITS NEEDED TO GRADUATE*</th>
<th>ALREADY COMPLETED CREDITS</th>
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<tbody>
<tr>
<td>General Education Requirements (GERs)</td>
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<tr>
<td>Basic Skills</td>
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<tr>
<td>English Composition</td>
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<tr>
<td>2.0 minimum grade required</td>
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<tr>
<td>Foreign Language</td>
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<tr>
<td>2.0 minimum grade in third quarter or equivalent</td>
<td>Varies</td>
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<tr>
<td>Quantitative &amp; Symbolic Reasoning (Q/SR)</td>
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<tr>
<td>Writing Across The Curriculum (W-Courses)</td>
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<tr>
<td>and/or additional composition</td>
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<tr>
<td>Diversity</td>
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<td>3</td>
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<tr>
<td>Areas of Knowledge (AoK)</td>
<td>75 credits</td>
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<td>Visual, Literary &amp; Performing Arts (VLPA)</td>
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<tr>
<td>Individuals &amp; Societies (I&amp;S)</td>
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<tr>
<td>The Natural World (NW)</td>
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<tr>
<td>Additional Areas of Knowledge (AoK)</td>
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<td>Departmental Requirements</td>
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<td>Major Admission Requirements</td>
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<tr>
<td>Major Requirements</td>
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<td>General Electives</td>
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<tr>
<td>Other Courses</td>
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<tr>
<td><strong>TOTAL CREDITS</strong></td>
<td><strong>180</strong></td>
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</table>

*Credits needed to graduate are specific to the College of Arts & Sciences.

# DEGREE REQUIREMENTS

The University requires a minimum of 180 quarter credits for a Bachelor’s Degree. Your particular degree may require more.

Audit your degree using DARS (a feature in MyPlan) to see the requirements you have already satisfied. Use this page to help you determine what you have completed and what you still need to complete. Each UW college and school interprets the General Education requirements (GERs) somewhat differently, so if you are still exploring, try working toward the GERs for the College of Arts and Sciences.

# MAJOR ADMISSION CATEGORIES

## OPEN MAJORS

Can be declared at any time by a student in good standing (2.00 cumulative GPA).

## MINIMUM REQUIREMENT MAJORS

Requires students to satisfactorily complete a set of prerequisite courses with a minimum GPA. All students who meet the minimum requirements are admitted.

## DIRECT TO COLLEGE/MAJOR

Directly admitted upon entry to the University of Washington.

## CAPACITY-CONSTRAINED MAJORS

These majors often have application forms and application deadlines; some of them require personal statements or standardized tests.

# NEXT STEPS FOR MAJOR PLANNING:

My intended major is: ____________________________

College or school my intended major is located in: ____________________________

This major is: [ ] Open [ ] Direct [ ] Minimum [ ] Capacity-Constrained

The application or placement request deadline is: ____________________________

Required application or placement request materials (personal statement, etc.):

Questions for my adviser: ____________________________
PRE-HEALTH CAREER COACHING

The Career & Internship Center has dedicated pre-health career coaches for students interested in pursuing careers in healthcare. Utilize these coaches to:

EXPLORE
Explore careers in healthcare and identify the best fit for your skills and interests.

PREPARE
Prepare for healthcare graduate school programs by taking courses and getting involved in co-curricular activities as an undergraduate student.

APPLY
Apply to healthcare graduate school programs.

There is no pre-health or pre-med major at the UW.

Most healthcare graduate school programs have no preference to a student’s undergraduate major. With more than 180 majors to choose from, UW students interested in pre-health should select a major based on the following things:

• Informing your study and practice.
• Transferable skills, strengths and areas of growth.
• Your personal timeline.

Talk to an academic adviser for more information about how to identify majors that would be a good fit with your skills and interests.

PRE-HEALTH TO-DO LIST:

☐ Review the website. Search for “UW Pre-health Advising” in your browser and review the website to get more information using the following links: “Pre-health Orientation” and “Planning for Specific Healthcare Professions”.

☐ Register for courses. Consider enrolling in Pre-health 101 or search for First-year Interest Groups (FiGs) paired with common Chemistry courses. Pre-health 101 and chemistry paired FiGs are only available during the fall quarter.

☐ Meet with your adviser. Meet with your general adviser in your first quarter to discuss potential majors and how to declare or apply to those majors.

☐ Send an email. Questions can also be asked by emailing prehlth@uw.edu.

☐ Schedule an appointment. Pre-health career coaches can help you to identify next steps in your exploration, preparation or application processes.

ACADEMIC INTEGRITY

On a Sunday afternoon, Sam realizes they do not feel prepared for the week academically. They have a statistics exam on Monday and a project for their philosophy class due on Tuesday morning. Sam really wants to do well in both courses, and they decide it would be a good idea to spend more time working on the philosophy project. To prepare for their statistics exams, they use their phone to take pictures of their notes to help them remember the formulas they need. During the exam, Sam holds their phone under their desk and looks at the pictures to help them remember the formulas. They do the rest of the work for the exam on their own and score a 92.

SCENARIO

What is plagiarism?
Select all that apply.

☐ Changing a few words of information written by another person.
☐ Using another person’s idea and presenting it as your own.
☐ Using information from written sources without giving credit to the original source.
☐ Using information from electronic sources without giving credit to the original source.
☐ Citing a source incorrectly.
☐ Translating another person’s work into a different language without citation.

The proper way to paraphrase is to:

☐ Put the information in quotes and cite it.
☐ Use the information and not cite it.
☐ Re-write the information in your own words and cite it.
☐ Make a few changes to the information and cite it.

Information that is common knowledge, like historical information or widely known scientific information, does not need a citation.

Articles on Wikipedia are considered common knowledge since they are written with the help of multiple people and do not need citations.

Did Sam’s actions violate the Student Conduct Code? Why or why not?

What impact does Sam’s decision have on their overall learning?

What impact does Sam’s decision have on their peers?

How could Sam’s decision affect their future?

*Answer key located on page 74.
ASP: ACADEMIC SUPPORT PROGRAMS
ASP provides comprehensive, personalized, high-level academic and social support for all UW undergraduates. ASP supports students with their transition into college life through drop-in and multidisciplinary tutoring, exam reviews and discussion sessions at the Center for Learning and Undergraduate Enrichment (CLUE), academic success coaching, study skills workshops, academic achievement courses and one-on-one tutor-mentor relationships.
dep.ts.washington.edu/aspuw

OTHER TYPES OF ACADEMIC RESOURCES
For a complete list of study, tutoring and writing resources visit the ASP website. fyp.washington.edu/hgstudyresources

STUDY CENTERS
Informal study spaces for certain subject areas. Can include computers and support from peer or Teaching Assistants.

TUTORING
Drop-in support for specific courses or subject by paid peer tutors.

ADVISING
University staff who provide individual support for academic classes, major selection, career exploration and more (pg. 22-23).

WRITING CENTERS
Locations where students can receive individual support at any stage of the writing process including technical and career writing.

DO YOU HAVE CONCERNS IN THE CLASSROOM?
The Office of the Ombud serves the entire university community by providing a collaborative and confidential environment to discuss your situation and consider options for a plan. Last year the Office of the Ombud helped students navigate issues with grading and academic progress, classmate relationships, unclear class expectations and more. If you would like to make an appointment, please call 206-543-6028 or visit washington.edu/ombud

CLUE
The Center for Learning and Undergraduate Enrichment (CLUE) offers tutoring, evening study sessions and exam reviews in Mary Gates Hall.

DO YOU HAVE CONCERNS IN THE CLASSROOM?

DRS DISABILITY RESOURCES FOR STUDENTS
Disability is an aspect of diversity that is integral to society and to our campus community. DRS works with students individually to establish academic adjustments and auxiliary aids and services—more frequently referred to as academic accommodations—to eliminate barriers impacting a student’s equitable access to campus facilities, programs and activities.
dep.ts.washington.edu/uwdrs

NATIONALLY 11–15% OF STUDENTS ON COLLEGE CAMPUSES HAVE A DISABILITY.

3000+ STUDENTS WITH DISABILITIES (SWD) ARE SERVED BY THE UW EACH YEAR.

FIRST-YEAR INTEREST GROUPS
Success begins in the first quarter!

FIGs are a great opportunity to get connected to campus while exploring some of the University’s most popular courses and fulfilling General Education requirements. fyp.washington.edu/figs

FIG CLASS COMBINATIONS
All FIGs include General Studies 199: University Community. FIGs are flexible: GEN ST 199 can be taken on its own or clustered with 1, 2 or 3 courses.

TOP 3 REASONS TO TAKE A FIG
1. Make Friends
2. Build Academic Community
3. Find a Mentor

Only available for direct to college Engineering FIGs, all include ENGR 101

ENGINEERING FIGS
General FIGs

Register for 2-3 more courses
Register for 1-2 more courses
Register for 1 more course (optional)
Full schedule (18 credits max)

GEN ST 199
5 Credit class
1 Credit class
5 Credit class
5 Credit class

OR

GEN ST 199
5 Credit class
5 Credit class
5 Credit class
5 Credit class
DID YOU KNOW?
The UW has 16 different libraries, each offering specialized materials and unique study spaces for all students. Check out the Art Library, Engineering Library, Foster Business Library, Health Sciences Library and more.

ASK A LIBRARIAN!
Librarians are friendly, knowledgeable and can help you at any stage of the research process. You can easily make an appointment with a librarian at the Odegaard Writing and Research Center.

lib.washington.edu

Textbooks for many courses can be checked out from Odegaard.

ODEGAARD UNDERGRADUATE LIBRARY
As the main library for undergraduate students, Odegaard is a great place to meet with friends or study alone. It features multiple group study rooms and booths, mobile whiteboards and screens, active learning classrooms, a Sound Studio, a Digital Presentation Studio and a quiet study space on the third floor.

Odegaard is also the home of the Odegaard Writing and Research Center and the Learning Commons. The Learning Commons is the largest computing lab on campus and contains hundreds of computers (PCs and Macs), printers and scanners as well as software for writing papers, creating presentations, audio and video editing and the Help Desk, which offers free technology help. You’ll also find English as a Second Language (ESL) books, graphic novels, travel guides and “Good Reads”—a collection of fun books for when you need a break from studying!

Odegaard is open 24 hours a day, Sunday through Thursday. Use your Husky Card to check out books and movies, pay for printing and enter the building after 7 p.m. Use your UW NetID to access online resources from off campus at any time.

lib.washington.edu

• Links to information about each UW library, including operating hours
• Specialized research databases, electronic books and journals you can access from anywhere using your UW NetID
• Thousands of DVDs and CDs you can check out for free, as well as streaming videos
• Online Research Guides for every subject taught at the UW
• Library job postings for students. Hundreds of students work for University Libraries throughout campus.

UW INFORMATION TECHNOLOGY
UW Information Technology is a central resource for your technology needs, including software, mobile apps and tools to enhance your learning experience.

CANVAS: Instructors can post course materials and info online, and allow students to submit assignments, post discussion responses, check assignment due dates and send messages to instructors.

MOBILE UW: Discover the mobile resources and apps to help you succeed at the UW.

PANOPTO: Lecture capture software that lets you review recorded lectures. Great for test prep and for catching up on work you missed.

MYUW: View your class schedule, notices of registration and other important dates, the academic calendar, review tuition and other balances, find relevant events and more.

POLL EVERYWHERE: Respond to in-class polls from your phone, laptop or other mobile device.

MYPLAN: Online academic planner where you can create a plan for next quarter, next year or all the way to graduation. Search for courses that interest you. Audit your progress. Find course sections that work with your schedule. Use the Program Explorer tool to see all of the academic programs offered at the UW and run a degree audit to see how you are progressing toward each major, minor or option. Share your plan with advisers.

NOTIFY UW: Provides alerts when open seats become available in closed courses. Don’t sweat registration! Get notified about course openings through email or on your phone.

PRODUCTIVITY TOOLS: Available to students as part of the Student Technology Fee.

CANVAS: fyp.washington.edu/hggsuite

GOOGLE G SUITE: fyp.washington.edu/hggsuite

MICROSOFT OFFICE 365: fyp.washington.edu/hgoffice365

SCOUT
Scout helps you find campus study spaces, campus food and tech items. Find:
• Study spaces filtered by criteria such as lighting, ambient noise, proximity to food and coffee and availability of amenities such as printers, whiteboards, outlets, etc.
• Campus food locations, including cafe, market and restaurants and filter by cuisine, location or type of food.
• Tech items, such as tablets, digital cameras, digital video cameras, laptops, data projectors.

scout.uw.edu
SIGNATURE EXPERIENCES
The Center for Experiential Learning & Diversity (EXPD) assists students to extend their undergraduate experience beyond the classroom through community engagement, undergraduate research and scholarship opportunities. We support students to actively engage in their own learning, explore the world and their place in it and develop a deeper understanding of themselves and their goals.
expd.uw.edu

RESEARCH
Ronald E. McNair Program, a TRIO Program, prepares students for doctoral study who are from low-income and first-generation or underrepresented backgrounds and whose goals are to teach and conduct research at the college level.

EIP: Early Identification Program encourages and assists undergraduate students from educationally and economically disadvantaged backgrounds to pursue graduate or professional school.

URP: Undergraduate Research Program assists students in all disciplines with planning for an undergraduate research experience, identifying faculty mentors and projects, defining research goals, presenting and publishing research findings and seeking funding for their research.

The Center for Experiential Learning & Diversity (EXPD) assists students to extend their undergraduate experience beyond the classroom through community engagement, undergraduate research and scholarship opportunities. We support students to actively engage in their own learning, explore the world and their place in it and develop a deeper understanding of themselves and their goals.
expd.uw.edu

STUDY ABROAD
UW students are driven to discover on campus and around the world. More than 2,000 students study abroad each year on a wide range of UW programs, international exchanges, UW partner programs and internship opportunities. Programs range from 10 days to one year. Many scholarships are available and financial aid will also follow you abroad! Drop-in advising every weekday.

washington.edu/studyabroad

STUDY ABROAD FAIR
THURSDAY, NOVEMBER 8, 2018

QUESTIONS TO ASK A CAREER COACH
• What if I don’t know what I want to study or do for work?
• Is it ok to include jobs and activities from previous schools on my current resume?
• How can I show experience if I don’t have any?
• What is an internship and how do I find one?
• What kinds of jobs do alumni from my intended major do?

The Career & Internship Center works with students to connect their academics and extracurricular activities with future plans. Whether you're beginning to explore majors or already have a career path in mind, Career Coaches can help you map out options and refine your strengths to take advantage of whatever opportunities come your way.

careers.uw.edu

ACTION STEPS
1. Visit us in MGH 134 and grab a Career Guide - a comprehensive workbook to assist you as you prepare for your internship or career path.
2. Meet with a Career Coach to discuss part-time campus jobs or get advice on updating your high school resume.
3. Attend the Job & Internship Fairs that are held in February and April to explore what you want to do the summer after your first year.

Among first year college students nationally, 25% change career plans during their first year of college, 32% change majors during their first year of college, and 34% have a clear idea of how best to achieve their career goals.

THE HUSKY EXPERIENCE IS GLOBAL!
Explore world problems and help develop solutions through coursework, service learning, research, internships and study abroad.
washington.edu/global/learning

washington.edu/undergradresearch

ACADEMICS
FINANCES

SFS: STUDENT FISCAL SERVICES
SFS handles student billing, disbursement of financial aid, scholarships, GET funds and all other types of tuition payments. Please visit their website at finance.uw.edu/sfs/home to sign up for direct deposit, setup an Info Release for parents/third party, change your address, find out the safest/fastest way to pay the tuition bill via webcheck, or contact the office with any questions.

WHEN IS TUITION DUE?
Payments must be received by Student Fiscal Services no later than the tuition due date. Go to fyp.washington.edu/hgdates for other important add/drop dates.

FINANCIAL AID
Funding a college education takes careful planning and often requires using a variety of financial resources. We’re here to help you determine whether you qualify for aid, assist you in applying for aid and, finally, make sure you receive it.

OSFA: OFFICE OF STUDENT FINANCIAL AID
OSFA administers student grants, scholarships, loans and work study opportunities. Each year about 53% of undergraduates receive approximately $430 million in financial aid — of which $260 million is scholarship and grant funds. We have a wide array of federal, state and institutional financial aid programs to help students at all economic levels pay for their education. finaid.uw.edu

VEBO: VETERAN EDUCATION BENEFITS OFFICE
VEBO provides students with information about Veteran Affairs educational benefits, certifies GI Bill benefits and answers questions about financial aid. We can help current service members, veterans and their families navigate through the different benefit options to help pay for their education. veteran.uw.edu

SCHOLARSHIPS WITH EXPD
The UW offers scholarships that cover a wide range of academic pursuits, musical and athletic talents, as well as community service and research activities. Visit the Center for Experiential Learning & Diversity (EXPD) to learn about opportunities, advising, workshops, events and online resources to support your scholarship search. expd.uw.edu/scholarships

Mary Gates Endowment for Students provides scholarships to help undergraduates become independent learners and community leaders, encouraging students’ development of creative, courageous activities.

OMSFA: Office of Merit Scholarships, Fellowships and Awards helps UW undergraduates develop skills and personal insights necessary to pursue scholarships appropriate for their goals.
AIN PROGRAMS FOR FRESHMEN & TRANSFER STUDENTS

While the thought of paying for school at UW may be stressful, there is financial aid available to help with your educational and living expenses.

HUSKY PROMISE

The Husky Promise guarantees full tuition and standard fees will be covered by grant or scholarship support for eligible Washington state students.

Your tuition will be covered first by your federal and state grants — like the Pell Grant or State Need Grant. If your eligibility for these programs does not equal the full cost of your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to your tuition, the UW will make up the difference with institutional grants or scholarships up to

WASHINGTON STATE UNIVERSITY

EMERGENCY AID

Emergency aid is available for the unpredictable, unexpected costs that cause significant stress and impact academic success and personal well being. washington.edu/emergencyaid

ANY HUNGRY HUSKY

RESOURCES FOR WHEN YOU NEED A LITTLE EXTRA HELP FILLING YOUR PLATE.

1. Campus Food Pantry: Throughout the quarter, Any Hungry Husky regularly hosts pantries where anyone with a Husky ID can shop for free groceries and produce.
2. Financial Aid Food Security Grant: Through the Office of Student Financial Aid, students can apply for a $100 grant that goes directly on their Husky card and can be used to purchase food at any on-campus vendor.
3. Get Involved: There are plenty of ways to get involved, whether through volunteering, donating, or helping promote the services of Any Hungry Husky.

washington.edu/anyhungryhusky

@UWFoodPantry

COMMON STUDENT LOAN QUESTIONS

Taking out loans to pay for educational and living expenses while in school may seem daunting at first, but loans can actually be a good option to help you get your degree and set you up for success later on in life.

1. I’M UNSURE IF I’LL GET A GOOD JOB AFTER I GRADUATE. WHAT IF I DON’T MAKE ENOUGH MONEY FOR LOAN REPAYMENT?

UW students are some of the most employable graduates in the state of Washington. Federal loans have a number of repayment options, including an income-based repayment plan. Income-based repayment ensures that your required monthly payment will not be more than 10% of your discretionary income.

2. HOW MUCH WILL I NEED TO BORROW?

That depends on how long it takes to complete your degree, your eligibility for other aid besides loans, and your personal spending habits. For those students who borrowed at the UW campuses, last year’s graduating class left with about $22,417 in cumulative average loan debt. This is below the national average borrowed at public schools of $25,550.

3. I’M AFRAID MY LOANS WILL GO INTO DEFAULT IF I CAN’T PAY THEM OFF.

Loan default rates for students at the UW are actually quite low. Compared to a national rate of 11.3%, UW students have a default rate of only 2.5%.

4. WHY DO I NEED LOANS? CAN’T I JUST USE OTHER FORMS OF AID?

Of course, loans should be your last resort for paying for school. We do not have enough funds to award you all grants so we end up awarding some loans to help you meet your financial need. We encourage students to fully utilize grants, scholarships and employment wages before considering loans. However, if you do need to fill a financial gap, you can decide how much or how little you want to borrow in loans. You can always repay your loans early, too, without penalty.

TO BE CONSIDERED FOR FINANCIAL AID

- Complete the Free Application for Federal Student Aid (FAFSA). For the best aid, meet our priority filing date of January 15 each year. You can apply after January 15 and some types of aid are still available.
- If you are ineligible to complete the FAFSA, you may be able to complete the Washington Application for State Financial Aid (WasFA) instead.
- Once awarded aid, you will be sent an email to your UW email to view your award online at MyUW.
- More information can be found on the UW Financial Aid website.

finaid.uw.edu

FINANCES

TOTAL AID RECEIVED

$429,000,000+

SCHOLARSHIPS: 12%
GRANTS: 50%
LOANS: 37%
WORK STUDY: 1%

24,000+
UNDERGRADUATE STUDENTS RECEIVED SOME FORM OF AID

TOTAL AID RECEIVED

$429,000,000+

SCHOLARSHIPS: 12%
GRANTS: 50%
LOANS: 37%
WORK STUDY: 1%
CAMPUS LIFE

Being at a place like the University of Washington gives you the chance to engage with different cultures and people. Embrace the opportunity to meet someone new and gain new perspectives. Being involved is more than just joining a club. Quite simply, involvement refers to the amount of physical and psychological energy that you devote to your Husky experience.

ASUW engages the campus community through programming, services and advocacy. Through advocating for policy change on our campus and beyond, programming educational and entertaining events, and funding student organizations on campus, ASUW strives to enrich student life and develop future leaders.

Apply to be appointed to one of the many university committees and councils as an ASUW representative or join the ASUW Student Senate and discuss meaningful legislation. If you are interested in getting involved throughout the year, seek out an ASUW internship, run for an elected position, or apply to one of our 60 paid job opportunities.

CSSC: COMMUNITY STANDARDS & STUDENT CONDUCT

Through the Student Conduct Code, Huskies hold themselves to the highest standards of ethics, integrity and accountability. The UW expects you to be informed of the Student Conduct Code and to conduct yourself as a responsible member of our community.

CSSC investigates allegations of misconduct and makes determinations of responsibility. Huskies who are suspected of violating the Student Conduct Code will be referred to CSSC to discuss the alleged incident. CSSC aims to provide education and development throughout the student conduct process.

COMMUNITY ENGAGEMENT

Community-based engagement is one of the many ways to develop your leadership skills. The following programs are located in Mary Gates Hall (MGH):

Carlson Leadership & Public Service Center facilitates opportunities for students to engage with and learn from their communities through service learning and community leadership. washington.edu/carlson

Jumpstart connects college students with preschool-aged children from under-served communities in Seattle for early education opportunities. washington.edu/jumpstart

Pipeline Project connects students with educational, service and research opportunities in local and regional K-12 schools. expd.uw.edu/pipeline

Dream Project connects students interested in learning about educational equity and college access all while mentoring high school students from South King County. washington.edu/dreamproject

HLI: HUSKY LEADERSHIP INITIATIVE

THREE WAYS TO KICK-START YOUR LEADERSHIP JOURNEY:

1. Register for a Collegium Seminar and develop your leadership in a small, discussion-based environment on a subject that intrigues you! collegium.uw.edu

2. Accelerate your leadership development in the Learning Leadership in Theory & Practice course (BA 391/GEN ST 391/ENGR 202) winter quarter!

3. Get involved! Find the right leadership opportunity for you through the Leadership Commons at huskyleadership.uw.edu

ASSOCIATED STUDENTS OF THE UNIVERSITY OF WASHINGTON

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asuw.org | facebook.com/asuwseattle | HUB 121

TAKE ACTION:

JOIN A CLUB
ATTEND AN ATHLETIC EVENT
STUDY & WORK ON-CAMPUS
EXPLORE YOUR INTEREST

JOIN A CLUB
ATTEND AN ATHLETIC EVENT
STUDY & WORK ON-CAMPUS
EXPLORE YOUR INTEREST

asuw.org | facebook.com/asuwseattle | HUB 121

THREE WAYS TO KICK-START YOUR LEADERSHIP JOURNEY:
GETTING TO CAMPUS
Wherever you live and whatever your situation, Transportation Services is here to help you get to campus and around Seattle.

COMMUTE OPTIONS
Need assistance with planning your commute? Transportation Services’ free Commute Options program is here to help you learn all about your commute options. Staff provide personalized support to help you create a plan that best fits your needs.

We suggest you contact Commute Options before the start of each quarter to make your first day of class as smooth as possible. transportation.uw.edu/commute-options

LIVING OFF CAMPUS?
What’s your transportation plan?

U-PASS
All Seattle campus students automatically have a U-PASS activated on their Husky Card a week before the quarter starts. To finalize activation of your U-PASS, tap it on any bus or train card reader within 60 days. U-PASS membership benefits include:

- Unlimited rides on King County Metro, Community Transit, Pierce Transit, Kitsap Transit, Everett Transit and Sound Transit, including Link light rail and Sounder trains
- Full fare coverage on King County Water Taxis and Kitsap Fast Ferry
- Full fare coverage on Seattle Streetcar
- Carpool incentives
- Subsidized vanpool fare
- Discounted membership on carshare and bikeshare
- Deals and discounts at transportation-related businesses

OVER 93% OF STUDENT TRIPS TO CAMPUS USE OPTIONS OTHER THAN DRIVING ALONE

Based on total weekday trips to campus among students (UW 2016 Transportation Survey).
HFS: HOUSING & FOOD SERVICES

Our goal is to support you and provide you with the tools to succeed at the UW. Keep the following information handy as it will help you navigate the on campus living experience!

IMPORTANT DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 31, 2018</td>
<td>Fall quarter dining account level change deadline</td>
</tr>
<tr>
<td>Sept. 20, 2018</td>
<td>Fall quarter dining funds available</td>
</tr>
<tr>
<td>Oct. 31, 2018</td>
<td>Agreement termination notice deadline for winter quarter</td>
</tr>
<tr>
<td>Nov. 30, 2018</td>
<td>Winter quarter dining account level change deadline</td>
</tr>
<tr>
<td>Jan. 6, 2019</td>
<td>Winter quarter dining funds available</td>
</tr>
<tr>
<td>Jan. 31, 2019</td>
<td>Agreement termination notice deadline for spring quarter</td>
</tr>
<tr>
<td>Feb. 28, 2019</td>
<td>Spring quarter dining account level change deadline</td>
</tr>
<tr>
<td>Mar. 31, 2019</td>
<td>Spring quarter dining funds available</td>
</tr>
<tr>
<td>Apr. 2018</td>
<td>2018–19 returning resident application period</td>
</tr>
<tr>
<td>Jun. 15, 2019</td>
<td>Any money remaining in your dining account is forfeited</td>
</tr>
</tbody>
</table>

More at hfs.uw.edu/housing

MOVE-IN/MOVE-OUT DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 10, 2018 at 8 a.m.</td>
<td>12-month apartment move-in</td>
</tr>
<tr>
<td>Sept. 20–21, 2018 Time Varies</td>
<td>Residence hall move-in</td>
</tr>
<tr>
<td>Dec. 15, 2018 at 12 noon</td>
<td>Residence halls close for winter break</td>
</tr>
<tr>
<td>Jan. 6, 2019 at 12 noon</td>
<td>Residence halls reopen for winter quarter</td>
</tr>
<tr>
<td>Jun. 15, 2019 at 12 noon</td>
<td>Residence halls close for the summer</td>
</tr>
<tr>
<td>Aug. 24, 2019 at 12 noon</td>
<td>12-month apartment move-out</td>
</tr>
</tbody>
</table>

PAYMENT DUE DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct. 13, 2018</td>
<td>Residence hall fall quarter charges due</td>
</tr>
<tr>
<td>Jan. 25, 2019</td>
<td>Residence hall winter quarter charges due</td>
</tr>
<tr>
<td>Apr. 19, 2019</td>
<td>Residence hall spring quarter charges due</td>
</tr>
</tbody>
</table>

5 THINGS CURRENT RESIDENTS WISH THEY KNEW BEFORE LIVING WITH HFS

1. Who and what is a Resident Adviser (RA) and Resident Director (RD)?
   The RA is a student and Residential Life staff member who lives in the community and can be one of the most helpful and resourceful people you will interact with. The RA helps you adjust to campus life and ensures the safety of the residence halls. The Resident Director is a full-time professional staff member who manages a residence hall by supervising RAs, collaborating with campus partners, and creating a welcoming & inclusive community.

2. How does my family expect me to communicate with them while I am at school?
   Moving away from home and living on campus is an adjustment for both the student and their family. You may get caught up balancing academics, leadership positions, and jobs that cause you to forget to call home every once in a while. And your family may wonder about your safety and well-being. Setting clear expectations about what communication is going to look like between you and your family is a great way to help all of you during this time of transition. How often should you call home? Does your family live in a different time zone and will that affect your ability to call home? When and how often are you expected to visit? These are just some of the things you and your family can discuss to set those expectations.

3. I have never shared a room before! What should I know about living with a roommate?
   Living with a roommate can be a fun and fulfilling experience, but open communication is an important part creating a living situation that works for everyone. RAs can facilitate conversations through the “Roommate Agreement” where you discuss things such as what cleanliness looks like, how much noise is acceptable, and how often guests are allowed to come over. Many roommate conflicts stem from a lack of communication and being intentional with the Roommate Agreement early on can save you from a lot of frustration down the road.

4. How can I get involved once I am living on campus?
   If you are looking for an opportunity to connect with fellow students, plan fun social events and build your resume, you should join Hall Council! Each residence hall has its own Hall Council with a number of different positions you can apply for. Additionally, you can get involved just by simply attending programs put on by RAs or the Residential Programming Board.

5. I want to know more about what to bring, how move-in is going to work and where can I find more information about living on campus?
   All of this information and more can be found in the HFS Move-In Guide. hfs.uw.edu/Live/Undergraduates

Together We Will

Living on campus offers you a unique and exciting opportunity to learn about people, their cultures and their lifestyles. Share your experiences with others; there are few times in our lives when we have the chance to live closely with so many different people.
FRATERNITY AND SORORITY LIFE

The fraternity and sorority community is comprised of 65+ chapters with over 5,000 lifetime members. Fraternities and sororities, or Greek-letter organizations, appeal to students with a variety of interests and values, including culturally based organizations, organizations that offer residential experiences, and organizations affiliated with large networks of alumni and members around the world. While each organization is unique, all fraternities and sororities are grounded in four core values:

1. **Friendship** – Joining a fraternity or sorority gives you a smaller network within a large institution where you can foster friendships based on common interests and values.
2. **Scholarship** – Members value academic performance and, on average, outperform their non-affiliated peers. Having members of all class standings and majors helps support the academic success of young members.
3. **Leadership** – All organizations are self-governing, meaning that students instantly have the opportunity to be involved in meaningful leadership roles and build skills that are transferable to their academic, campus, and professional pursuits.
4. **Philanthropy & Service** – All organizations partner with local and/or national charitable organizations where they volunteer their time and organize activities to raise money. Fraternities and sororities are organized into one of four councils. Visit each council’s website to learn more about joining an organization.

**IFC: INTERFRATERNITY COUNCIL**

IFC fraternities recruit year round, but most predominantly in the summer. Recruitment Week is held in July, and requires men register to participate. During recruitment week, men have the option to stay on campus and will be guided through the recruitment process by peer mentors. Through this process, men will have an opportunity to meet and learn about each of our IFC fraternities, to determine where they feel the greatest fit! Visit uwifc.com or email ifcfjoin@uw.edu

**NPHC: NATIONAL PAN-HELLENIC COUNCIL**

NPHC is made up of both fraternities and sororities with African American heritage. While membership is open to all students, you should have interest in the culture and heritage of the organization. NPHC organizations recruit through a process called membership intake, which occurs at varying times during the academic school year. Visit students.washington.edu/nphc or nphc@uw.edu

**PHA: PANHELLENIC ASSOCIATION**

Panhellenic sororities host a week-long formal recruitment process each September. Formal recruitment is intended to give participants the chance to meet different sororities and get an understanding of the membership, values, and traditions. Visit the PHA website to register before the end of August. There are opportunities to join a limited number of organizations outside of formal recruitment. uwpanhelenic.com

**UGC: UNITED GREEK COUNCIL**

The UGC is made up of a number of different culturally-based fraternities and sororities. Membership in UGC organizations is open to students of all cultures and backgrounds. UGC chapters have varying recruitment periods. Students are encouraged to contact UGC organizations directly to learn more about individual recruitment processes and events hosted by organizations throughout the year. uwugc.org
The ECC is a cultural center dedicated to inclusive space and student leadership development. The ECC offers educational workshops and training on social justice, is home to 165 registered student multicultural organizations and hosts cultural events year round in the center and theatre. Features include a dance studio, leadership lab, wellness room and a computer lab.

dep.ts.washington.edu/ecc

The Leadership Without Borders Center works to serve and empower undocumented students at the UW. LWB offers leadership development resources, college success navigators, the Husky Dream Lending Library, a space for community building and connections to other campus and community resources. We host and support student groups, put on regular programming events, house a lending library and amplify student voices on our student blog. Explore our website for more information or stop by the Husky Union Building (HUB), room 315.

qcenter.washington.edu

The Q Center is a fierce, primarily student run resource center dedicated to serving anyone with or without a gender or sexuality – UW students, staff, faculty, alum and community members. We host and support student groups, put on regular programming events, house a lending library and amplify student voices on our student blog. Explore our website for more information or stop by the Husky Union Building (HUB), room 315.

qcenter.washington.edu

OSVL: OFFICE OF STUDENT VETERAN LIFE
OSVL is home to a staff of skilled military veterans who can help you navigate through the UW. We are able to serve student veterans at any point in their college experience. From navigating campus locations to identifying student resources.

vetlife.washington.edu

INTELLECTUAL HOUSE
Opened in spring of 2015, the Intellectual House provides a learning and gathering space where American Indian and Alaska Native students, faculty and staff — and others of various cultures and communities — can come together in a supporting and welcoming educational environment to share their knowledge and their cultures with one another.

A primary purpose of the Intellectual House is also to increase American Indian and Alaska Native students success at the UW, preparing them for leadership roles in their tribal communities and the region.

washington.edu/diversity/tribal-relations/intellectual-house

Find A Registered Student Organization (RSO):
Check out the RSO Directory at RSO Community: uws-community.symplicity.com, email us at rsoinfo@uw.edu, or come visit SAO in HUB 232.

Can’t Find An RSO For You? Start One! Here’s How:
1) Develop an idea
2) Gather at least five members
3) Sign up for a registration session through RSO Community

CONTACT US!
email: sao@uw.edu
web: sao.washington.edu

Here’s How You Can Get Involved!

Find Your Place

HUB: HUSKY UNION BUILDING
As the UW’s student union, the HUB serves as a center of campus community and events. It is where students have an opportunity to connect, play and study. For many, the HUB is a second home.

The HUB is a major performance and concert venue, hosting cultural and student organization events throughout the year. The HUB is also a place to find several student services including the Student Activities Office, RSO Resource Center, HUB Games Area (bowling, pool, table tennis, video gaming), Commuter & Transfer Commons, Q Center, Student Veteran Life, Fraternity & Sorority Life, Student Legal Services and many others. Student government offices for ASUW and GPSS make the HUB their home as well. ASUW offers services such as the Bike Shop and Rainy Dawg Radio.

hub.washington.edu

ECC: SAMUEL E. KELLY ETHNIC CULTURAL CENTER
The ECC is a cultural center dedicated to inclusive space and student leadership development. The ECC offers educational workshops and training on social justice, is home to 165 registered student multicultural organizations and hosts cultural events year round in the center and theatre. Features include a dance studio, leadership lab, wellness room and a computer lab.

dep.ts.washington.edu/ecc

LWB: LEADERSHIP WITHOUT BORDERS
The Leadership Without Borders Center works to serve and empower undocumented students at the UW. LWB offers leadership development resources, college success navigators, the Husky Dream Lending Library, a space for community building and connections to other campus and community resources.

dep.ts.washington.edu/ecc/lwb

Q CENTER
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qcenter.washington.edu

REPORT INCIDENTS OF BIAS
A bias incident is any discrimination or harassment against a member of the University community based on perception of race, color, creed, religion, national origin, citizenship, sex, pregnancy, age, marital status, sexual orientation, gender identity or expression, genetic information, disability or veteran status.

If you encounter or suspect incidents of bias, you are encouraged to file a report, which will be reviewed by the UW’s Bias Incident Advisory Committee.

washington.edu/bias

CONTACT US!
email: sao@uw.edu
web: sao.washington.edu

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The University of Washington has a longstanding and growing commitment to equity, inclusion, and diversity.

As part of this commitment, President Ana Mari Cauce established a Race & Equity Initiative to support and sustain diversity at the UW. In our role as a public university, we must understand, support, and foster many perspectives and individuals’ narratives and create an academic environment that benefits everyone on UW campuses. The Race and Equity Initiative builds upon ongoing efforts of the University to center diversity and inclusion by:

- **Enriching the personal UW experience.** The Race & Equity Initiative enhances individual development and provides greater resources and opportunities for teaching and learning around race and equity.

- **Addressing institutional bias.** Improving inclusion and fairness at all levels of the UW is a key goal of the initiative. We are identifying and revising policies that are barriers to equity and justice and that prevent student, faculty and staff success.

- **Engaging our communities.** The UW is engaging with local citizens, community-based organizations, businesses and alumni to understand and address the problems that impede the health, well-being and safety of everyone in the Husky family — at home and around the world.

The Race & Equity Initiative is a high priority for the University as we continue our work to foster a welcoming and inclusive campus so that all students have the opportunity to grow, learn and lead at the UW and beyond.

There are several ways for you to get involved in the Race & Equity Initiative. Opportunities include joining a committee, becoming a facilitator, participating in conversations, taking courses and getting involved in activities provided under the Initiative. To learn more about the Race & Equity Initiative please visit the website. [washington.edu/raceequity](http://washington.edu/raceequity)

---

**CONSIDER YOURSELF FUTURE ALUMNI**

The UW Alumni Association can help strengthen your Husky experience — from day one to graduation and beyond.

**Be curious. Be connected. Be involved.**

[UWAlum.com/future-alumni](http://UWAlum.com/future-alumni)

You’re a student now, but you’ll be a Husky for life and when you graduate, you’ll join an impressive network of more than 330,000 UW alumni. They’re there to help then and they’re here to help now.

Every year, UWAA sponsors campus activities, mentoring connections and scholarship programs designed to bring students and alumni together. Thinking about jobs after graduation? Our signature Huskies@Work and Career Trek programs make career exploration easy.

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**HUSKY CARD**

The Husky Card is the official identification card, automatically linked to a reloadable debit account, for members of the UW community. Parents and friends can add money to the account online at any time. Funds added to your card can be used for:

- **Dining:** Make purchases at any Housing & Food Services (HFS) restaurant, café, food truck, express market and espresso bar. Residence hall students have an additional account on their cards called the Dining Account, which can be used for purchasing food on campus.

- **Shopping:** Purchase books, supplies and Husky gear at the University Bookstore.

- **Dawg Prints:** Print and copy at Dawg Prints stations across campus.

- **Parking Services:** Get a discounted rate for carpool parking at eligible lots (if all passengers have a valid U-PASS).

- **Laundry Services:** UW residence hall students can use the Husky Card to pay for laundry in the UW residence hall laundry rooms. These machines only accept the Husky Card Account for payment.

For more information on protecting your Husky Card, making deposits and terms of use, see page 73.
Everyone is responsible for being a Healthy Husky. What can you do to ensure your wellbeing and maximize your Husky experience? Explore the vast health and wellness resources available on the UW Seattle campus by visiting uw.edu/healthyhuskies

**HEALTH & WELLNESS**
in Elm Hall

- Alcohol and Other Drug Education
- Suicide Intervention Program
- Sexual assault, relationship violence, stalking and harassment advocacy
- Prevention Education and Outreach
- Student Care Program

**COUNSELING CENTER**
in Schmitz Hall

- Free and confidential individual, relationship, and group counseling
- Crisis services
- Pre-scheduled and same-day intake appointments
- Career Counseling

**HALL HEALTH CENTER**
in Mary Gates Hall

- Subsidized Services
- Basic medical care
  - Unlimited medical advice from our Consulting Nurses during business hours or after hours via phone
  - One office visit per quarter for medical concerns OR one visit with our Travel Clinic
- Mental health & substance use care
  - No-cost drop-in appointments for mental health referrals and short-term support
  - Help quitting smoking or addressing substance use
  - Access to light therapy room for Seasonal Affective Disorder
- Other resources
  - Free safer sex supplies through our Health Promotion office
  - Help enrolling in and using health insurance

**DISABLED RESOURCES FOR STUDENTS**
in Schmitz Hall

- Serves students with temporary and permanent disabilities (including injuries and mental health issues)
- Provides academic and other accommodations
- All services are individualized

**CARING FOR YOUR EMOTIONAL WELLBEING**

Learning to appreciate and cope with a wide range of emotions is an important part of college life. At times, you will feel like you can handle your emotions on your own, and at times you will need to reach out to friends, family and other people in your life. Sometimes, we think that ignoring our emotions or suppressing them will help us focus better. While this may work in the short term, we often end up feeling worse. Instead, consider that your emotions are another form of learning. In fact, emotions enhance social and academic learning, so it is best to pay attention to the following:

**SIX STEPS FOR MANAGING THE MORE DIFFICULT FEELINGS IN LIFE:**

1. **Attunement:** Be aware of your internal world. Notice where the emotion is present in your body, mind and soul.
2. **Identify:** Acknowledge and label the emotion(s) you are experiencing.
3. **Accept:** Try not to avoid or deny the emotion and be accepting of its presence.
4. **Remind:** Remind yourself that emotions are temporary, regardless of the intensity.
5. **Understand:** Determine how and why the emotion(s) occurred. What were possible triggers?
6. **Release:** Let go of the idea that emotions can be controlled.

Your emotions will tell you important information about your needs. Be flexible with yourself and the different ways you can respond to your needs and you may find that are able to manage your emotions easier every time.

As you learn to cope with difficult feelings, keep your body healthy (e.g., get enough sleep, eat well and be active), stay connected with loved ones and pay attention if there is too much on your schedule. **Don’t be afraid to ask for help.**

Counseling Center
washington.edu/counseling

Hall Health Mental Health Center
dep.ts.washington.edu/hhpcweb/project/mental-health-clinic

Let’s Talk: Drop-in Consultation with a Counselor
washington.edu/counseling/services/lets-talk

King Country Crisis Line
866-427-4747

**TRANSFER YOUR IEP**

If you had an Individualized Education Plan (IEP), or if you have a chronic physical or mental health issue, please contact Disability Resources for Students (p. 31).

**STUDENT ORGANIZATIONS**

Huskies for Suicide Prevention and Awareness (HSPA) is a mental health registered student organization (RSO) dedicated to mental health advocacy and suicide prevention. HSPA host quarterly Stress Less Weeks during the week before finals (no “Dead” Week) and an annual Husky Help and Hope (H3) Walk fundraiser. hspa uw.com

The Peer Health Educators (PHE) are a group of student volunteers, based out of the Health and Wellness office in Elm Hall, who are committed to promoting student health and safety on campus. The PHEs are available to answer questions and recommend resources to students about health resources on and off campus. depts.washington.edu/livewell/phe
HEALTH INSURANCE CHECKLIST

PARENTS/GUARDIANS

- Complete the Know Your Benefits worksheet and review with your student
- Identify a primary care, urgent care, emergency care and mental health provider that is close to UW-Seattle and in-network with your health insurance
- Discuss any out-of-pocket costs associated with using your health insurance and how they will be paid with your student
- Ensure your student has an insurance card
- Arrange for transfer of any medical records needed to establish care in Seattle (if student has an ongoing medical or mental health issue)
- If your student does not have health insurance coverage in Seattle, contact Hall Health’s Health Promotion Office (info at the bottom of the page)

STUDENTS

- Review the Know Your Benefits worksheet (opposite of this page) with your parent/guardian
- Review the primary care, urgent care, emergency care and mental health providers your parent/guardian has identified
- Determine how you will carry your insurance card with you at all times (wallet, back of your phone, etc.)
- Take a photo of the front and back of the insurance card to store on your phone
- If you have ongoing medical or mental health concerns, schedule an appointment with a local provider (doctor, therapist, etc.) to establish care before the quarter starts or early in the quarter.
- Understand that the mental health therapy options on campus provide short-term services. Find a provider through your insurance company’s online directory. Consider scheduling a first appointment when you come to Seattle for advising and orientation.

Contact Hall Health’s Health Promotion Office at (206) 616-8476 or hhpcweb@uw.edu if you do not have adequate health insurance coverage in Seattle or have questions about health insurance.

KNOW YOUR HEALTH INSURANCE BENEFITS

Instructions

Although your family has health insurance, there are still costs associated with health care. Use this worksheet to learn about your health insurance benefits and network.

Call your health insurance company. The phone number is typically listed on the back of your health insurance card. Save this document for your reference.

<table>
<thead>
<tr>
<th>Name of Insurance Company</th>
<th>Answer</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insurance Company Phone Number</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Date of Call</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name of Insurance Company Representative</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the insurance plan provide coverage in the Seattle area?</td>
<td>☐ Yes ☐ No</td>
<td></td>
</tr>
<tr>
<td>Are Hall Health Center and UW Medicine clinics (tax ID number 91-1220843) contracted with my insurance?</td>
<td>☐ Yes ☐ No</td>
<td></td>
</tr>
<tr>
<td>Are the Hall Health Pharmacy and Lab (tax identification number 91-6001537) contracted with my insurance?</td>
<td>☐ Yes ☐ No</td>
<td></td>
</tr>
<tr>
<td>Do I have a deductible? For which services?</td>
<td>☐ Yes ☐ No</td>
<td>How much?</td>
</tr>
<tr>
<td>Do I have to pay co-insurance (% of cost of care)?</td>
<td>☐ Yes ☐ No</td>
<td>How much?</td>
</tr>
<tr>
<td>What is the maximum out-of-pocket cost I would pay each year?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What are my copays (flat fee costs) for prescription medication? Appointments?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What are my outpatient mental health benefits? What portion of the cost must I pay?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is intensive or outpatient mental health treatment covered? What portion of the cost must I pay?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do I need prior authorization or a referral for any services?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What is my dental coverage?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What is my vision coverage?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>How can I access a database of contracted providers?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Hall Health Center is an on-campus clinic that provides high quality health care to the UW community. Students are our focus. We serve people of all ages, and are linked to UW Medicine.

OUR SERVICES:
- Help with Illness & Injury, Tailored to Huskies: Same-day appointments for urgent medical or mental health symptoms
- 24/7 medical advice from a nurse
- Prevent Disease: Immunizations, Study abroad assessments and physical exams
- Mental Health Support: Same and next-day visits for students who need support
- Individual and group counseling
- Medication management
- On-site pharmacy, Lab & Imaging

Specialized Medical Care
- Travel medicine
- Dermatology
- Sports medicine
- Physical therapy

Sexual & Reproductive Health
- Prenatal care/obstetrics
- Birth control, including IUDs & Nexplanon

HEALTH & WELLNESS
Free support, advocacy, education and training for all UW students.

STUDENT CARE PROGRAM: We support students who are in distress by creating plans to address their unique needs through academic advocacy and help navigating complex systems.
asmyre@uw.edu • 206.543.2684

ALCOHOL & OTHER DRUG EDUCATION: We provide education, consultation and resource referrals regarding alcohol and other drugs. jkilmer@uw.edu • 206.543.7259

SEXUAL ASSAULT, RELATIONSHIP VIOLENCE, STALKING & HARASSMENT ADVOCACY: We offer advocacy and support for students impacted by interpersonal violence. This is a confidential starting point for all students to safely explore their options and receive support.
hwadvoc@uw.edu • 206.685.4357

SUICIDE INTERVENTION PROGRAM: We work with students to alleviate stressors that are affecting their mental health and support students in reducing the risk of self-harming behaviors.
meganken@uw.edu • 206.543.7454

TRAINING & EDUCATION: We provide training and education to students, staff and faculty on content from all Health & Wellness programs. Our efforts promote evidence-based prevention services and strategic planning to the campus community.
tumasm@uw.edu • 206.221.7187

PHES: PEER HEALTH EDUCATORS: Provide peer to peer education promoting mental health, sexual assault and relationship violence prevention and alcohol education. These student leaders are trained in connecting students to campus resources.

Hall Health Center is located across from the HUB on NE Stevens Way
(206) 685-1011
hallhealth.washington.edu
hhpccweb@uw.edu

PHES: PEER HEALTH EDUCATORS: Provide peer to peer education promoting mental health, sexual assault and relationship violence prevention and alcohol education. These student leaders are trained in connecting students to campus resources.
phehwdr@uw.edu

HEALTH INSURANCE
What is health insurance?
Health insurance is a contract between you and an insurance company that protects you from having to pay the full cost of health care.

Learn about your health insurance plan
Be prepared for out-of-pocket costs by learning about your health insurance before the school year begins.

- Card - Make sure you have an insurance card. Take photos of the front and back of the card and store them on your phone in case you lose your card.
- Coverage - Learn about deductibles, copays and coinsurance. Look into coverage of common health needs, like mental health counseling, urgent care and medication.
- Network - Identify a primary care, urgent care and an emergency provider that are contracted (“in-network”) with your health insurance, so you will get the highest level of coverage. If you are from out-of-state, ensure that you have insurance coverage in Seattle.

Is my health insurance contracted with Hall Health/UW Medicine?
Hall Health and UW Medicine are contracted with many, but not all, insurance plans. The best way to confirm that your insurance works with Hall Health is to contact your insurance company and provide our tax ID number: 91-1220843. Hall Health and UW Medicine are not contracted with Tricare or Kaiser.

I don't have health insurance that covers me in Washington State.
UW does not offer health insurance to domestic students (US citizens or legal permanent residents). Only international students and graduate employees are eligible for UW health insurance.

Health insurance is available through Washington Health Plan Finder, an online health insurance marketplace. Depending on your income and immigration status, you may be eligible for either Apple Health (Medicaid) or a private insurance plan.

In addition to the programs and services provided by Hall Health Center, UW provides active bystander training for students with the aim of preventing and reducing sexual assault and relationship violence. Students gain the skills and confidence to speak up, step in and interrupt potential acts of violence and create a safer and supportive UW culture. Trainings take place in fall, winter and spring quarters.

HELP WITH ILLNESS & INJURY, TAILORED TO HUSKIES
• Same-day appointments for urgent medical or mental health symptoms
• 24/7 medical advice from a nurse

PREVENT DISEASE
• Immunizations
• Study abroad assessments and physical exams

MENTAL HEALTH SUPPORT
• Same and next-day visits for students who need support
• Individual and group counseling
• Medication management
• On-site pharmacy, Lab & Imaging

SPECIALIZED MEDICAL CARE
• Travel medicine
• Dermatology
• Sports medicine
• Physical therapy

SEXUAL & REPRODUCTIVE HEALTH
• Prenatal care/obstetrics
• Birth control, including IUDs & Nexplanon

CONTACT US
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Bystander Training
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GET HELP
If you need help obtaining or using health insurance, or if you need help finding an affordable health care provider, contact: International students - J1 or F1 visas: stdins@uw.edu OR Domestic students: atwaterp@uw.edu

livewell.uw.edu
In 2012, Washington State voters passed a law making it legal for adults over 21 years of age to possess and use small amounts of marijuana. Marijuana – including medical marijuana – use by UW students, employees or the general public is not allowed anywhere on the UW campus, including in residence halls. Even though legal in Washington State, marijuana is still illegal under federal law.

RESOURCES AND SUPPORT

Confidential Advocates are free of charge, and can help with safety planning, connect you with resources, help you understand your rights and reporting options and assist in creating an overall plan for your situation.

- Health & Wellness Advocate: 206-685-4357 or hwadvoc@uw.edu
- UWPD Advocate: 206-543-9337 or uwpdadvocate@uw.edu

SafeCampus provides free 24-7 phone and email assistance with safety planning and can connect you with a confidential advocate and other resources and support.

- Contact: 425-352-SAFE (7233) or safecampus@uw.edu

Counseling can help with recovery from a traumatic experience. Counseling is free for UW students.

- Counseling Center: 206-543-1240
- Hall Health Mental Health: 206-543-5030

Additional resources on campus and in the community can be found at the UW Sexual Assault Resources website.

washington.edu/sexualassault

MAKING A REPORT

You have the right to report to the University, to police, to both or not at all. Confidential advocates can help you understand the different reporting options.

Title IX Investigation Office conducts investigations of complaints that a UW student has violated the sexual misconduct provisions of the Student Conduct Code. 206-616-5334 or tixinv@uw.edu

University Complaint Investigation Resolution Office conducts investigations of complaints that a UW employee—staff, faculty or other academic personnel—has violated UW policies prohibiting sexual harassment and other sexual misconduct. 206-616-2028 or uciro@uw.edu

Police Reports are the first step toward filing criminal charges:

- UW Police Department - 206-543-9331 or 911 for emergencies
- Seattle Police Department - 206-684-5575 or 911 for emergencies

Additional reporting options can be found on the University of Washington Title IX website.

compliance.uw.edu/titleix

For questions about how UW implements Title IX or to learn more about education, resources or reporting options, contact the Title IX Coordinator, at titleix@uw.edu or 206-616-9713.

MEDICAL CARE OR SANE EXAM

There is no charge for a SANE (Sexual Assault Nurse Examiner) exam. For a SANE exam, go to the emergency room. No appointment is needed.

- UW Medical Center: 206-520-5000; 1959 N.E. Pacific Street, Seattle, 98195
- Harborview Center for Sexual Assault: 206-744-1600; 325 Ninth Avenue, Seattle, 98104
- Hall Health Center (no SANE exam): 206-685-1011; 4060 E. Stevens Way NE Seattle, 98195

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PROHIBITED BEHAVIORS
The University does not tolerate behaviors that:
• are violent
• threaten violence
• harass or intimidate others
• interfere with an individual’s legal rights of movement or expression
• disrupt the workplace, our academic environment or the university’s ability to provide service to the public

Violent or threatening behavior can include physical acts, verbal or written statements, harassing email messages, harassing telephone calls, gestures and expressions.

CONNECT TO SUPPORT
Trust your instincts. Pay attention to cues, comments and your experiences.

Reach out. If you notice behaviors that make you or others uncomfortable, you do not have to deal with it alone. Ask for help by calling SafeCampus at 206-685-SAFE (7233).

For more information, visit washington.edu/safecampus
Sudden Violence Training
Visit police.uw.edu to view the Active Shooter Preparedness video and to find information on sudden violence training sessions for students, faculty and staff on campus.

University of Washington Police Department (UWPD) serves and protects over 68,000 students, staff, faculty and visitors 24 hours per day, 365 days per year.

We actively collaborate with our community to create a safe and secure campus through education, problem solving and enforcement. Through innovative practices, continuing training and partnerships we provide professional public safety services and maintain an environment that supports the well-being of our students, staff and visitors.

We are here if you need us, but safety starts with YOU!

- Register bike and electronics: police.uw.edu/loveyourstuff
- Rape Aggression Defense (RAD) Training: police.uw.edu/services/rad
- Husky NightWalk and NightRide Shuttle Services: police.uw.edu/aboutus/divisions/security/safety_escort
- Sudden Violence Training and Procedures: police.uw.edu/aboutus/divisions/opst/crimeprevention/activeshooter
- UWPD Victim Advocate: police.uw.edu/aboutus/divisions/operations/criminalinvestigations/victimadvocacy
- UW Alert: washington.edu/safety/alert

For more information, visit police.uw.edu or contact the Community Engagement Unit at engagepd@uw.edu

IN CASE OF EMERGENCY
CALL 911 If you call from a non-campus phone you may be connected to Seattle Police or Washington State Patrol. Simply request to be transferred to UWPD.

Non-Emergencies: 206.685.UWPD (8973)  
Husky NightWalk: 206.685.WALK (9255)  
Victim Advocate: 206.543.9337  
UW Alert Blog: EMERGENCY.UW.EDU

REGISTER YOUR VALUABLES
Property theft is a serious crime on college campuses. Avoid stress and get peace of mind by registering your bicycle and electronic devices for free. 5 minutes is all it takes to help combat property theft.
police.uw.edu/loveyourstuff

STUDENT LEGAL SERVICES
Students can receive free legal consultations and low-cost representation on campus.

SLS can answer questions about:
  - Rental Agreements/Leases
  - Protection Orders
  - Immigration
  - Name and Gender Marker Changes
  - Criminal Cases
  - Insurance Issues
  - Traffic Tickets
  - Other Legal Issues

206-543-6486 | HUB Room 306
AREAS OF ACADEMIC INTEREST

ARTS, HUMANITIES & SOCIAL SCIENCES

ARTS: VISUAL/PERFORMING ARTS AND DESIGN

3D4M: 3-Dimensional Forum (Ceramics, Glass and Sculpture): Focuses on the study of ceramics, glass and sculpture, and explores interdisciplinary exchanges that revolve around material study, concept and critical dialog in a studio-based environment.

Architectural Design: A studio-based major that engages complex problems in the built environment through the design process and focuses on the craft and making of architecture at global and local scales in contemporary as well as historical cultural contexts.

Architecture: Architecture is a seminar and research-based major that explores the factors that shape our built environment through the study of architectural history and theory; sustainable technologies; and materials and making.

Art History: The study of art and visual culture as instruments of knowledge and methods of human expression that operate in many arenas of history, tradition and the contemporary environment.

Dance: The Dance Department educates performers, educators, arts advocates and cultural leaders in an inclusive environment. We share a commitment to supporting interdisciplinary connections and research by offering a broad range of courses while also allowing for depth in specific areas. Designed to make double majoring possible. Honors option available.

Drama: The study of theatre and drama with core courses in performance, design and history.

Industrial Design: A professional program focused on the development of new forms of products, processes and service from a human-centered design perspective.

Interaction Design: A professional program focused on creating compelling relationships between people and the interactive systems they use, from computers to mobile devices to appliances.

Interdisciplinary Visual Arts: The study of studio arts and visual culture; it explores interdisciplinary exchanges that revolve around material study, concept and critical dialog in a primarily studio-based environment.

Landscape Architecture: Design of environments, systems and processes to achieve ecological, social and aesthetic outcomes.

Music: Comprehensive major offering both performance and research-oriented programs taking into consideration the dual nature of music.

Painting and Drawing: Provides the intellectual, creative and physical environment that best fosters excellence in painting and drawing for students; explores interdisciplinary exchanges that revolve around material study, concept and critical dialog in a studio-based environment.

Photomedia: Emphasizes a wide range of conceptual and technical practices in photography, video and related media within the context of contemporary art.

Visual Communication Design: A professional program that educates and trains designers for the communication needs of industry and society; emphasis is placed on the conception, creation, planning and realization of visual solutions to complex problems in contemporary culture.

HUMANITIES: LANGUAGE, LITERATURE, AND CULTURAL STUDIES

Asian Languages and Culture: The study of Asian languages, literature, culture and/or linguistics with ample study abroad opportunities.

Chinese: The study of Chinese language, literature and culture (ancient and modern) with opportunities for study abroad.

Cinema and Media Studies: The Cinema and Media Studies major allows students to develop their understanding of how film and media function as distinctive modes of transmitting and critiquing cultural values and practices.

Classical Studies: Classical Studies majors build analytical and critical thinking skills through exploration of the culture, literature, history, philosophy and art of Ancient Greece and Rome and study of Latin or Ancient Greek.

Classics: Classics majors develop advanced expertise in both Latin and Ancient Greek to explore the literature, culture, history, and philosophy of ancient Greece and Rome through extended readings in the original languages.

Comparative History of Ideas: CHID is an interdisciplinary program that integrates ideas from the arts, sciences and humanities. We position our students to ask questions that matter, think critically about education and creatively express their understanding through innovative coursework and independent thesis projects.

Comparative Literature: The study of world literature and film as they relate to national cultures.

Danish: The study of Danish language, literature, culture and society.

English: This major involves critical thinking and writing about literature, language and culture in English as well as an optional creative writing track.

Finnish: The study of Finnish language, literature, culture and society.

French: The study of French language, literature, culture and society.

Germanics: This major develops critical thinking through the study of German language, literature and culture.

Greek: Greek majors develop advanced knowledge of Ancient Greek to explore the literature, culture, history and philosophy of ancient Greece and its legacy through extended readings in original texts.

Italian: The study of Italian language, literature, culture and society.

Japanese: The study of Japanese language, literature and culture with ample study abroad opportunities.

Korean: The study of Korean language, literature and culture with ample study abroad opportunities.

Latin: Latin majors develop advanced expertise in the Latin language to explore the literature, culture, history and philosophy of ancient Rome and its legacy through extended readings in original texts.

Linguistics: Linguistics is the study of language as a natural phenomenon, focusing on grammar, the social context of language variation, the physics of speech sounds and the properties of language evolution.

Near Eastern Languages & Civilization: Focuses on the languages and civilizations of the Islamic Near and Middle East, the Semitic Near East and Islamic Central Asia, with an emphasis on the ancient and medieval roots of these civilizations as well as more recent cultural developments.

Norwegian: The study of Norwegian language, literature, culture and society.

Scandinavian Studies: The study of Scandinavian languages, literature, history, politics and folklore of Denmark, Sweden, Iceland, Finland and Norway.

Slavic Languages and Literature: The study of the Slavic world through language, literature, film, linguistics and culture courses.

South Asian Languages & Literature: This program equips students with a full complement of skills, including speaking, reading, writing, aural comprehension, translation and grammatical analysis, in order to meet the needs of students with different interests and goals.

Spanish: Offers students the opportunity to develop advanced language skills and cultural competency, while engaging in interpretation of Peninsular, Latin American and U.S. Hispanic literary texts, cultural and linguistic studies.

Swedish: The study of the Swedish language, literature, culture and society.
SOCIAL SCIENCES AND RELATED FIELDS

American Ethnic Studies: A multicultural and multidisciplinary program dedicated to the production and transmission of knowledge on key aspects and issues of race and ethnicity.

American Indian Studies: The advancement and promotion of knowledge integral to Native peoples through research, teaching and community service.

Anthropology: Committed to describing, interpreting and explaining the historical, biological and cultural diversity of the human species. Anthropology has different options that students can complete within the major, including: Medical Anthropology and Global Health, Anthropology of Globalization, Human Evolutionary Biology and Archaeological Sciences.

Asian Studies: Students in the Asian Studies Program develop knowledge and expertise in Asian cultures and histories, building on a wide range of disciplines.

Canadian Studies: The study of Canadian culture and Canada’s relationship with the U.S. and the world.

Communication: The Communication major discusses the challenges of a society that is informed, entertained, persuaded, and shaped by communication. Communication has different options that students can complete within the major, including: Communication or Journalism.

Community, Environment & Planning: A student-led, community-focused interdisciplinary major in which students create their own study plans in urban development, sustainability, public policy, social justice, environmental education and more.

Comparative Religion: Introduces students to broad theoretical issues in the academic study of religion, and encourages them to explore these issues by mastering details of the textual canons, historical traditions, social contexts and cultural forms of religion.


Education, Communities and Organizations: Meets the teaching and learning needs of communities, within and outside formal schooling, through understanding human development, equity studies, organizational change and community engagement.

Environmental Studies: Study human relationships with the environment and related complex issues through a combination of natural sciences, social sciences and the humanities.

European Studies: Prepares students to pursue careers requiring an understanding of all the forces, both material and cultural, contemporary and historical, that are shaping Europe today.

Gender, Women, and Sexuality Studies: GWSS is an interdisciplinary program which integrates gender and sexuality with multiple forms of identity and systems of inequality such as race, class, nationality and ability. Our scholarship and classes are based on interpretive, historical and empirical research and analysis, theory production, community collaboration and activism.

Geography: Reveals how and why places are important to understanding the human condition.

History: The study of the past as it informs our understanding of the present with emphasis on critical reading and analysis, research, writing and persuasive presentation. Also thematic majors in History of Race, Gender and Power; History of Empire and Colonialism; History of Religion and Society; and History of War and Society.

History and Philosophy of Science: Studies the theories, methods, practices and institutions of science from historical and philosophical perspectives.

Individualized Studies: An Individualized Studies major is a special interdisciplinary major designed by an individual student. Disability Studies is an example of a faculty-designed major.

Integrated Social Sciences: Emphasizes development of critical and integrative thinking for students interested in human society and social problems. ISS is an online degree-completion program aimed at students who have already completed a substantial amount of college coursework and could be a good option for transfer students.

International Studies: Encourages students to look at our increasingly interdependent world in order to learn how to study it and understand its politics, societies, economies and cultures.

Jewish Studies: The study of Jewish cultures, history, society and thought from a broad interdisciplinary perspective. A variety of research and study abroad fellowships are available.

Latin American and Caribbean Studies: An interdisciplinary major that prepares students to pursue careers requiring an understanding of all the forces, both material and cultural, contemporary and historical, that are shaping the region today.

Law, Societies, and Justice: Interdisciplinary major exploring the complex roles that law and legal institutions play in structuring social life, both locally and globally.

Philosophy: Philosophy is the study of the most fundamental issues concerning reality, knowledge, ethics and values, and of the basic concepts, principles and arguments of the major intellectual disciplines.

Political Science: The study of power, politics and policy both in the US and around the world.

Public Health: Promote the health and wellbeing of communities, locally, nationally and globally.

Social Welfare: The School of Social Work offers a Bachelor of Arts in Social Welfare (BASW), which prepares students who are passionate about social justice and social change for generalist practice in a multicultural context.

Sociology: Explores diverse social groups and structures including the criminal justice system, race and ethnicity, gender, sexuality, health and class inequality to develop perspectives and context on social life that transcend personal experience.

BUSINESS & ECONOMICS

Business: The study of business, both applied and theoretical, and the many areas of study surrounding it. Students can choose from seven formal options to focus the field of study.

Construction Management: A curriculum that blends Architecture, Engineering and Business that leads to management positions in the construction industry.

Economics: Economics studies the decision-making of societies, institutions and individuals in how they create, allocate and find alternative uses of their scarce resources.

COMPUTING RELATED

Applied & Computational Mathematical Sciences: This major develops your advanced skills in mathematics with an emphasis on application to different disciplines.

Computer Science: Combines mathematical theory, scientific inquiry, creativity and hands-on invention to solve real-world problems and create exciting new technology.

Human Centered Design and Engineering: Focus on understanding human needs and interests as you research, design and build interactions between people and technology.

Informatics: This major is the study, design and development of information technology for the good of people, organizations and society.
Aeronautics and Astronautics: Learn how to develop, design and test aircraft, missiles, spacecraft and satellites.

Bioengineering: A collaborative, interdisciplinary major for students engineering solutions to health challenges.

Bioresource Science and Engineering: Application of science and engineering to sustainable production of fuels, chemicals and products from biomass.

Chemical Engineering: Design processes and products that touch every aspect of our lives, from the development of smaller, faster computer chips to innovations in recycling, treating disease, cleaning water and generating energy.

Civil Engineering: Design, construct and manage the essential facilities, systems and structures around us. Their work plays a crucial role in enabling livable, sustainable cities, healthy environments and strong economies.

Computer Engineering: Combines mathematical theory, scientific inquiry, creativity and hands-on invention to solve real-world problems and create exciting new technology.

Electrical Engineering: The application of the physics of electricity and magnetism to solve practical problems vital to today's high technology society.

Environmental Engineering: Environmental engineers understand interactions among natural and human systems and develop innovative solutions to address environmental challenges.

Human Centered Design and Engineering: Focus on understanding human needs and interests as you research, design and build interactions between people and technology.

Industrial & Systems Engineering: Industrial and systems engineers use a systems approach to design and engineering by integrating people, materials, information, equipment and energy to design, implement and improve systems.

Materials Science and Engineering: Designed materials from the nanoscale up transform everyday life. Their work is essential to such fields as biomaterials, biomedicine, the green energy sector, aerospace, electronics and information technology.

Mechanical Engineering: The broadest of all engineering disciplines - the major explores anything that moves, big to nano-small in the areas of mechatronics and robotics, nanoscience and molecular engineering, biomechanics, energy and the environment, and health and innovations in medicine.

Aquatic and Fishery Sciences: Learn about biology, sustainability and management of aquatic systems in a program that emphasizes active, hands-on, individual-driven learning.

Atmospheric Sciences: This major allows you to explore a diverse discipline which ranges from Climate Science to Atmospheric Chemistry to Meteorology.

Biochemistry: Dive into the complex processes of the cell and the chemical interactions that enable life to exist.

Biology: Cultivate your understanding of the natural world and its influence on society through the study of biological processes, principles and diversity. Provides a strong scientific foundation for a variety of careers, including education and health professions.

Chemistry: A major which offers both BA & BS options to understand natural processes on an atomic and molecular level.

Earth and Space Sciences: From the Earth's core to the edge of our solar system, this major is designed to engage students in geology and geophysics with an emphasis on field work.

Environmental Health: A great fit for students who are passionate about using their scientific skills to address human health issues related to the environment.

Environmental Science and Terrestrial Resource Management: A science major centered on sustainability in terrestrial ecosystems that utilizes the lenses of ecology, social science and economics. Options include Wildlife, Forestry, Natural Resources and Restoration.

Marine Biology: Marine Biology involves the study of life processes of organisms inhabiting saltwater environments – from genetics and evolution to physiological traits and ecosystem functioning. The major is focused on the intersection of marine sciences taught in Oceanography and Aquatic & Fishery Sciences and examines the marine aspects of biodiversity, ecology and ecosystems and organismal processes, along with impacts from ocean change.

Mathematics: Students of mathematics have the opportunity to study the core areas of analysis, algebra and geometry while also learning about more recently emerging areas, such as probability, optimization and combinatorics.

Medical Laboratory Science: Where basic laboratory science meets the practice of medicine. It is a profession of highly knowledgeable and skilled individuals who perform clinical laboratory tests on blood, other body fluids or tissue samples.

Microbiology: The study of bacteria and viruses to gain insight into the large effects these microorganisms have on humans.

Neurobiology: Interdisciplinary study of the nervous system, with the ultimate goal to understand higher brain function and neurological disease at the cellular and molecular level.

Nursing: Preparing students for careers as a registered nurse.

Oceanography: Study the marine environment and how it interrelates with the earth, the biosphere and the atmosphere in a major which emphasizes hands-on learning (at sea).

Physics: The study of the fundamental structure of matter and the interaction of its constituents, with the goal of providing a quantitative description of nature based on a limited number of physical principles.

Psychology: Discover the fundamental principles underlying human behavior and how one can change behavior in ways that enhance our lives and society.

Speech and Hearing Sciences: The study of fundamental human communication processes and the nature of communication disorders across the lifespan.

Statistics: This major prepares you to acquire, manage, explore and use of information in order to learn from experience in situations of uncertainty and to make decisions under risk.

HOW CAN I PROTECT MY HUSKY CARD FROM DAMAGE?

- Don't bend or punch a hole anywhere on your card.
- Keep your Husky Card in a full protective holder to prevent scratches and cracks.
- Keep your card away from all magnets and cell phones.

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- You can easily deposit funds using VISA or Mastercard through the Online Card Office at hfs.uw.edu/olco
- You may also add funds in person with cash or check at several campus locations.
- Visit hfs.uw.edu/Husky-Card-Services for a list of those locations and more information.

Husky Card Account Terms & Conditions: hfs.uw.edu/Husky-Card-Services/Terms-and-Conditions
NEW CHOICES AND RELATIONSHIPS
1. What is most exciting about coming to college and having more freedom?
2. What about this transition makes you most nervous?
3. How might your living environment impact your UW experience? What do you need in a living environment in order to be most successful?
4. What does independence mean to you?
5. What are new things you might be responsible for or held accountable to now?
6. What are some decisions that college students make that have positive impacts on their success at UW and beyond? What are some decisions that might have negative impacts on their success?

Academic Integrity Answer Key (p. 29)
1. All of the options are plagiarism.
2. Re-write the information in your own words and cite it.
3. True
4. False

For more information about academic misconduct, visit uw.edu/cssc.
For more information about citations, visit http://guides.lib.uw.edu/research/citations

Information adapted from Write Check Plagiarism Quiz
NOTES

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