You’re Invited
to the University of Washington’s official welcoming ceremony for entering students, their families and friends.

FRESHMAN CONVOCATION
SUNDAY, SEPTEMBER 25, 2016 • 10:30 AM
ALASKA AIRLINES ARENA, HEC EDMUNDSON PAVILION

You’re Invited
to the University of Washington’s official welcoming ceremony for entering students, their families and friends.

GET MORE INFORMATION AND ORDER TICKETS AT:
CONVOCATION.WASHINGTON.EDU

President’s Picnic
Following Convocation on Rainier Vista

SEPT. 22–OCT. 1
Dawg Daze is UW’s welcome for new students!
uwdawgdaze.com

Don’t miss the class “W” photo on
SUNDAY, SEPT. 25!

Dawg Daze will have many events. See page 63 of this guide for special ticket information.

Transfer students: Check out the transfer student schedule online.
Freshman Convocation
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ALASKA AIRLINES ARENA, HEC EDMUNDSON PAVILLION
President’s Picnic
FOLLOWING CONVOCATION ON RAINIER VISTA
to the University of Washington’s official welcoming ceremony
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FIRST YEAR STUDENTS, PARENTS AND FAMILIES,

We are happy to welcome you to the University of Washington family!

The hallmark of a UW education lies in taking advantage of the boundless possibilities at this great institution. Here, students are connected to leading-edge academic experiences that help them discover how they want to impact the world, reflect on their growth and challenges and embrace their responsibility to themselves and others.

In UW classrooms, students investigate, explore and debate contemporary and enduring issues facing our world. The faculty guiding them are inspiring teachers, world-renowned scholars and innovative researchers who are deeply invested in creating rich and dynamic intellectual experiences for undergraduates. Beyond UW classrooms, students apply their newfound knowledge in research labs, through community-based service, leadership opportunities or study abroad.

The combination of experiences within and beyond the classroom prepares students to undertake their journey into a complex, interconnected and fascinating world with enduring and to-be-discovered challenges and opportunities.

By engaging deeply in this Husky Experience, students will strengthen and grow the drive, courage and compassion needed to make meaningful contributions to their careers and communities, whether those communities are around the corner or around the world. Indeed, our job is to develop students so they graduate with the knowledge, experience and mindset to lead a future with optimism, innovation and purpose.

We hope that you will be driven to discover all of the tremendous opportunities at the University of Washington.
THE HUSKY EXPERIENCE

Now that you have joined the UW community, you have already begun to create your own Husky Experience. Consider the following as you move toward graduation and beyond:

1 Make your **ACADEMIC JOURNEY** one of adventure and discovery. More than just “checking the boxes,” think about how you can engage and shape your academic community. Choose courses and areas of study that speak to you so that you can develop and strengthen your own voice. What ideas motivate you to learn more? What are you curious about? What questions do you want to ask of yourself and the world?

2 Find your **SIGNATURE EXPERIENCES**. When you look back upon your time as a student prior to becoming a Husky, which experiences bear your distinct “signature”? As you move forward, look for these kinds of moments and opportunities that give focus to your learning and accelerate your development of knowledge and skills that will be critical in your future. These are the challenges that will compel you to leverage your education for a greater good. Your passions — what are they, and what might they become?

3 Build your **SOCIAL AND COMMUNITY LIFE** in such ways that you are surrounded with people who support and challenge you to grow as a person. Much of your time at the UW will revolve around the people you meet from different backgrounds and the relationships you develop. How can you engage with diverse perspectives as you build your inclusive campus community? How do you help yourself and help others feel a sense of belonging?

4 Your **HEALTH AND WELLBEING** matters. Taking time to focus on your own mental, emotional and physical wellbeing is an important part of being a Healthy Husky. What will you do to focus on your wellbeing? What actions will you take to promote and encourage a safe and supportive campus community?

In this guide we have included information that will help you and your parents navigate our community and begin creating your own story. Welcome to the Pack!

The First Year Programs Team
206.543.4905 • fyp@uw.edu • uw.edu/fyp
12:30–1:00 p.m.  WELCOME TO THE UW AND THE HUSKY EXPERIENCE

1:00–2:10 p.m.  ACADEMICS 101

2:10–3:10 p.m.  OL GROUP TIME #1 – ACADEMICS

3:20–4:10 p.m.  EXPLORE YOUR HUSKY EXPERIENCE

- The Center for 21st Century Liberal Learning (C21)
  Whether you’re laser-focused on a particular major or keeping your options open, your UW academic story begins today. What do you want to learn and how will you go about it?

- The Career & Internship Center
  It won’t only be your major that leads to a career. How will your strengths, skills and experiences shape your future plans for life after UW?

- Experiential Learning and Diversity (EXPD)
  Some of the most pivotal moments of your UW experience will be outside of the classroom. How will you integrate research, scholarship and community engagement into your Husky Experience?

- Husky Leadership Initiative (HLI)
  Leadership can be learned and grows out of experience, practice and reflection. How will you activate your leadership development journey at the UW?

4:20–5:05 p.m.  ACADEMIC SUCCESS AND LEARNING COMMUNITIES

5:10–6:00 p.m.  OL GROUP TIME #2 – HUSKY EXPERIENCE AND DINNER

6:10–6:50 p.m.  TRANSITIONING TO COLLEGE

6:50–7:30 p.m.  OL GROUP TIME #3 – CREATING INCLUSIVE COMMUNITIES

7:30 p.m.  DAY 1 CLOSING
DAY 2

7:45–8:10 a.m. FINDING YOUR COMMUNITY + COFFEE!
You will have the opportunity to be a part of multiple communities at UW. Join us for a cup of coffee and get your questions answered about clubs and organizations, leadership opportunities and sorority and fraternity life.

8:15 a.m. CHECK-IN WITH OL GROUP
Meet your Orientation Leader at your group’s designated location.

8:20 - 9:00 a.m. THIS IS THE WAY I LIVE
Whether living on or off-campus, the transition to college life comes with many challenges. Learn some important information and skills for navigating this transition from a residential perspective.

9:00–9:20 a.m. OL GROUP TIME #4 – BALANCING YOUR TIME AS A STUDENT

9:30 a.m.–4:00 p.m. ACADEMICS AND CAMPUS EXPLORATION
Please see your Orientation Leader for your unique schedule.

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<thead>
<tr>
<th>Academics 102</th>
<th>Campus exploration &amp; technology</th>
<th>Healthy Huskies and OL Group Time #5</th>
<th>Money Matters</th>
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<tr>
<td>Register for classes and rejoin academic advisers for a more in-depth conversation about areas of study, graduation requirements and classes.</td>
<td>Explore important administrative offices across campus. During the tour, you’ll learn about using your Husky ID card and have your ID card photo taken. We’ll walk about 1.5 miles, rain or shine.</td>
<td>Explore how relationships, alcohol, mental health and self-care impact your UW experience. Learn about on-campus resources that support students.</td>
<td>Understand best practices for money management while in college, and learn the billing and payment process for tuition.</td>
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4:10–4:30 p.m. OL GROUP TIME #6 – CLOSING AND TRADITIONS
Wrap up the day, pick up your Husky ID card and get answers to any of your final questions from your Orientation Leader.

4:30–5:30 p.m. UNIVERSITY BOOK STORE RECEPTION, 4326 UNIVERSITY WAY NE
Meet your parents at the University Book Store for an opportunity to pick up your FREE t-shirt and explore the store.

REGISTRATION LAB, MGH 030 (OPTIONAL)
If you were unable to register for at least one class during your Academics 102 session earlier in the day, our staff will be available to answer your questions and help you in this process.

STUDY ABROAD INTEREST SESSION, MGH 287 (OPTIONAL)
If you’re interested in studying abroad during your time at the UW, stop in for an engaging introduction to our international programs and begin your planning early.
IMPORTANT REMINDERS FOR DAY 2

- Bring government issued photo identification so you can get your Husky ID card.
- Complete the Course Registration Pre-Screens from your two-week reminder email, fyp.washington.edu/beforeao.
- Know your UW NetId (@uw.edu) username and password: uwnetid.washington.edu/manage.
- The first meal served will be lunch. Coffee will be available in the morning.
- Your Advising and Orientation session will end by 5:30 p.m.
- You will be walking all over campus and the surrounding area regardless of weather. Make sure to wear comfortable clothing and shoes. The total distance traveled will be around 1.5 miles.
- If you stay in a residence hall overnight, you must pick up luggage, return keys and check-out no later than 6 p.m. after the end of orientation.

FIRST-YEAR INTEREST GROUPS (FIGS)
FIGs are a great opportunity to get connected to campus while exploring some of the University’s most popular courses and fulfilling General Education requirements.
Learn more at: fyp.washington.edu/figs.

SUMMER TO-DO LIST

- Read the Husky Guide and write down questions for when classes begin.

Visit identity.uw.edu to submit a preferred name.
CONGRATULATIONS!

We recognize that you and your family worked hard for you to attend the University of Washington. You are now part of a campus community determined to help you thrive throughout your Husky Experience.

 Anxiety about your transition is normal — interact with other first year students on Facebook, ask questions and share your story to begin making friends. Step out of your comfort zone, meet new people and attend Dawg Daze events when you arrive on campus.

Writing a to-do list serves as a reminder of the important tasks that you need to prioritize. Creating a weekly schedule will help you determine how much time you will spend on your activities. Decide which important tasks need to be done first. Planners can help you organize your week.

2:1 2 HOURS OF STUDYING FOR EVERY 1 HOUR OF CLASS

15 CREDIT HOURS OF CLASSES

2 x 2 HOURS OF STUDYING OUTSIDE OF CLASS

30 HOURS OF STUDYING/WEEK

CLUE

The Center for Learning and Undergraduate Enrichment (CLUE) offers tutoring, evening study sessions and exam reviews in Mary Gates Hall.

HOMESICKNESS

is a natural part of your transition. Overcome homesickness by getting more familiar with the UW and Seattle communities. Join a student organization or get an on-campus job in order to meet other students. Attend campus events, lectures and athletic events to develop a connection to the UW.

MISS YOU!

CLUE

HOMESICKNESS

RESILIENCE

There will be moments during your first year when things don’t go as planned. The UW Resilience Lab encourages you to see failure not as something to be avoided at all costs, rather as a necessary step toward growing and learning in your life.

CONSIDER THE FOLLOWING ACTIVITIES TO START EXPLORING WAYS TO DEVELOP RESILIENCE:

- Focus on your relationships
- Make time to relax and have fun
- Exercise and get outside
- Help those around you
- Eat well and make sure to get enough sleep
- Dedicate time to the things that mean the most to you

webster.uaa.washington.edu/resilience

#NEWHUSKIES2016

Look for more tips on your MyUW mobile site during the year! #THRIVEUW
TRANSFER ORIENTATION

As a transfer student, your transition to the UW will be different than that of a freshman. Your previous college experience gives you valuable knowledge about higher education, but you’ll need to reintroduce yourself to college resources that are specific to the UW and take the time to connect and become familiar with the student and academic cultures. Finding a way to make the UW feel small will help you navigate your transition into the UW community — especially in those early quarters on campus. Use these first few quarters to fully integrate yourself into the UW family with activities that support deeper exploration of your passions and values.

7:30–7:55 a.m.  **CHECK-IN & REGISTRATION**
Our staff will help you get checked in and start your A&O session!

8–8:30 a.m.  **WELCOME TO THE UW AND THE HUSKY EXPERIENCE**
Meet some key members of the First Year Programs staff and your Orientation Leaders for the day.

8:30–9:30 a.m.  **ACADEMICS AT THE UW**
Learn about faculty expectations and the disciplines that are available to you at UW.

9:40–10:10 a.m.
**HELPING HUSKIES**
- **Get to Campus**: Attend this session to learn about the resources available to commuting students and how to make the most of your U-PASS.
- **Be Boundless**: Learn about the variety of student communities and organizations on campus and how they might contribute to your transformative college experience.
- **Be Fiscally Responsible**: Learn about the billing and payment process for tuition. You’ll learn how to sign up for direct deposit of your financial aid, where to send your scholarship checks and more.

10:15–10:45 a.m.
**HELPING HUSKIES**
- **Get Hired**: Explore professional pathways that align with your core strengths and interests, develop a network of contacts, secure jobs and internships while in school and prepare for careers after graduation.

10:50–11:20 a.m.  **HEALTH & WELLNESS**

11:25–11:55 a.m.  **PANEL WITH CURRENT HUSKIES**

12–12:15 p.m.  **REGISTRATION RESOURCES**
Walk through UW’s online registration system with an Orientation Leader and learn about the different registration resources available to you.

12:20–1 p.m.  **LUNCH**

1–3:30 p.m.  **AFTERNOON SESSIONS**
- **Academic Advising Appointment**: Check your name tag for your advising location and time.
- **Registration Labs**: Register for your Autumn Quarter classes and complete our online evaluation of the A&O program. [fyp.washington.edu/treval](fyp.washington.edu/treval)
- **Campus Traditions and Husky IDs**: Tours leave at 1, 2, and 3 p.m. from MGH lobby.
- **Campus Business**: This is a great time to get your questions answered by various campus departments such as:
  - Financial Aid – Schmitz Hall 105
  - The Registrar – Schmitz Hall 2nd floor
  - Disability Resources for Students – Mary Gates Hall 011
  - Office of Student Veteran Life – Husky Union Building 327
  - Q Center – Husky Union Building 315

Stay connected to events your 1st year!  **DOWNLOAD THE UW APP!**

**Step 1:** Visit the App Store or Google Play.
**Step 2:** Search “University of Washington New Huskies”.
**Step 3:** Select and download the app to your phone.
TRANSFERRING TO THE UW
YOU GOT IN. NOW WHAT?

We have over 44,000 students here! Class sizes will be much larger than at your previous institution.

The UW admits roughly 2,000 new transfer students each academic year.

Professors and teaching assistants (TAs) are available for help with course content. You will need to seek them out and have questions prepared ahead of time. Even with larger lecture-based classes, professors and TAs are available to assist students.

Learn about campus. Bring your family and friends to campus for an event, most are open to the public. Visit myUW to find your class buildings and download “space scout” to find spaces to study on campus.

Interested in academic support and tutoring? Visit the Center for Learning & Undergraduate Enrichment (CLUE!)

For more information visit depts.washington.edu/aspuw/clue

ATTEND TRANSFER DAWG DAZE EVENTS!
UW.DAWGD AZE.COM

COMMUTER & TRANSFER COMMONS (CTC)

The Commuter & Transfer Commons (CTC) helps students from outside the U-District and those transferring to the UW create a sense of identity and community within the larger University.

The space is truly a “home away from home” for commuting and transfer students, with day use lockers, kitchenette, changing room/lactation station, laptop & phone chargers for check-out and much more.

STUDENT PARENT RESOURCE CENTER (SCHMITZ 520)

The Student Parent Resource Center is a place where students can connect with other student parents and find a sense of community. We understand the special challenges and struggles that student parents encounter when balancing their studies and parenthood. It is a family-friendly place for student parents to find the campus and community resources they need as they face competing challenges of both student and family life.

*TRANSFER SHOCK refers to a cause and effect relationship between transferring and a drop in one’s GPA

Want to avoid transfer shock?*
Advice from your fellow transfer students:

You belong here. Identify your support system on campus and seek help when you have questions. Academic advisers are always willing to answer questions and provide clarity.

Written assignments will vary. Clarify expectations with your professor. We also have fantastic writing and tutoring centers across campus. Ask where these centers are located within your major or go exploring across campus and discover them on your own!

TRANSFER FIRST-YEAR INTEREST GROUPS

Peer taught, 2-credit seminar offered in autumn quarter.

To search for a T-FIG visit fyp.washington.edu/figsearch

*TRANSFER SHOCK refers to a cause and effect relationship between transferring and a drop in one’s GPA
# PARENT ORIENTATION

## WELCOME TO THE UW & THE HUSKY EXPERIENCE

Parent Orientation begins at 8:20 a.m. We will kick off the program with a welcome message from UW administrators and an overview of the Parent Orientation schedule.

## MORNING SESSIONS

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| 8:45 – 12:20 p.m. | **Academics**  
UW Faculty Member, Academic Adviser  
**Health & Safety:** Health & Wellness, Health Center, Police Department, Counseling Center and Disability Resources for Students  
**First Year Experience:** Student Fiscal Services, UW Book Store, First Year Programs |

## LUNCH & OPTIONAL SESSIONS

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<th>Time</th>
<th>Session</th>
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| 12:30 – 1:30 p.m. | **Student Financial Aid:** 
For parents interested in learning more about the financial aid process.  
**Meet the Hall Health Center Staff:** OLs will guide parents to visit the Hall Health Center.  
**Student Panels:** OLs will answer your questions about their experience.  
**Open Houses:** Staff members will be available to answer questions about their services  
- **Disability Resources for Students:** Mary Gates Hall, room 011 (lower level)  
- **Office of Student Veteran Life:** Husky Union Building, room 327  
- **Q Center (Gender & Sexuality Center):** Husky Union Building, room 315 |

## AFTERNOON SESSIONS

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<th>Time</th>
<th>Session</th>
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| 1:35 – 2:50 p.m. | **Academic Support & Tutoring Services,** presented by Academic Support Programs.  
**The Husky Living Experience:** Choose one of the following sessions based on your student's fall quarter living situation:  
- **On-Campus Residence Hall,** presented by Housing & Food Services  
- **Fraternity or Sorority House***, presented by the Office of Fraternity and Sorority Life  
- **Commuting From Off-Campus,** presented by First Year Programs  
*Attend this session if your student is confirmed to live in a fraternity or sorority house this fall. A general Fraternity & Sorority Life Interest Session is available later this afternoon. |

## INTEREST SESSIONS

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<td>3 – 3:30 p.m.</td>
<td><strong>These sessions are designed for you to attend presentations on the topic areas of your choice. Refer to the insert titled, Parent Orientation Interest Sessions for session descriptions and locations.</strong></td>
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## CAMPUS OR RESIDENCE HALL TOUR (OPTIONAL)

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<th>Time</th>
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<td>4:15 – 5:00 p.m.</td>
<td>You have a choice of a campus tour or residence hall tour, both of which depart from the front of Mary Gates Hall at 4:15 and end at the University Book Store reception at 5 p.m.</td>
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## UNIVERSITY BOOK STORE RECEPTION, 4326 UNIVERSITY WAY NE

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<th>Time</th>
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| 4:30 – 5:30 p.m. | Meet your student at the University Book Store to enjoy refreshments and use your 20% discount coupon in The Husky Shop (see page 67).  
Parents not attending a tour can follow OLs to walk directly to the University Book Store (arriving at 4:30 p.m.). |

## IMPORTANT WEBSITES

Review Parent Orientation slides, videos and other program information online:  
[www.fyp.washington.edu/sessioninfo](http://www.fyp.washington.edu/sessioninfo)  
Talk to your student about sharing access to their grades, billing and health information:  
[www.fyp.washington.edu/access](http://www.fyp.washington.edu/access)
PARENT & FAMILY PROGRAMS

WELCOME TO THE HUSKY FAMILY

At the University of Washington, we consider parents and families some of our most valuable partners. Parent & Family Programs is committed to joining with you to celebrate the Husky Experience. Together, we enrich the lives of UW students — and strengthen the University community as a whole. We invite you to stay connected with us through our newsletters and events throughout the year. Stay informed and get connected:

• Parent & Family Programs on Facebook: facebook.com/wparentsandfamily
• Parent & Family Programs Newsletter: uw.edu/parents/e-newsletters
• UW News: uw.edu/news
• UW Impact: uwimpact.org
• UW Giving: uw.edu/giving/parents

We look forward to seeing you at Move-In Day, Dawg Daze and Parent and Family Weekend on April 7–9, 2017. Mark your calendars and visit uw.edu/parents/pfw for more information about Parent & Family Weekend.

Use the hashtag #UWFAMILY
INTERNATIONAL STUDENTS & PARENTS

Our international students bring diverse perspectives, knowledge and experiences that strengthen our classrooms, research and UW community. Engage with the resources below to ensure a seamless transition.

INTERNATIONAL STUDENT SERVICES (ISS)

Can I work while I’m in the U.S.? How do I make a weekend trip to Canada? What happens if I change my major? As an international student, you may be asking yourself these questions. ISS staff are here to guide your way. It’s our job to make your visa status understandable so that you can spend your energy on your studies. Drop in to chat with us (Schmitz Hall 459) or make an appointment — it’s up to you.

ISS will assist you with:

• Questions about your visa status and full-time enrollment requirements.
• Authorization for internships, employment and other benefits.
• Travel questions.
• International student health insurance plan (ISHIP) coverage and counseling (see ISHIP counselor based in Hall Health’s Wellness Resource Center, Room 187).
• Any other questions related to your international student experience visit iss.washington.edu.

FOUNDATION FOR INTERNATIONAL UNDERSTANDING THROUGH STUDENTS (FIUTS)

Explore Seattle and the Puget Sound region, build lifelong friendships and gain cross-cultural leadership experience at FIUTS. Be a part of the UW’s global community of students and scholars from around the world who are interested in sharing their own cultures and learning about life across the globe. Through the International Student Orientation Program, FIUTS is your first stop on campus. Year-round student programming offers endless opportunities to connect with one another, as well as our campus and city! fiuts.org

ACADEMIC ENGLISH PROGRAM (AEP)

Are you unsure about how to write critically in English? Do you feel comfortable participating in class discussions? The Academic English Program offers courses that can help you develop critical reading and writing skills and can help you participate with confidence in class. aep.washington.edu

View a Chinese version of the Husky Guide fyp.washington.edu/hgchinese
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<td><strong>Tuition payment deadline</strong></td>
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**Week 1: JAN 2017**
- **Monday, Jan 2:** Last day to add/drop a course w/ou $20 fee
- **Tuesday, Jan 3:** Career & Internship Center: Internship Fair
- **Wednesday, Jan 4:** President's Day (no classes)
- **Thursday, Jan 5:** Last day for annual drop and S/NS

**Week 2: JAN 2017**
- **Monday, Jan 9:** Last day to add/drop a course w/ou $20 fee
- **Tuesday, Jan 10:** Martin Luther King Day (no classes)

**Week 3: JAN 2017**
- **Monday, Jan 16:** Tuition payment deadline

**Week 4: JAN 2017**
- **Wednesday, Jan 18:** Last day of instruction

**Week 5: FEB 2017**
- **Monday, FEB 20:** President's Day (no classes)

**Week 6: FEB 2017**
- **Monday, FEB 27:** Final exams: Mar 11 & 13-17
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**SPRING 2017**

- **March 27**: Instruction begins
- **April 1**: Parent & Family Weekend
- **March 27**: Register for Bike Month @ transportation.uw.edu/bike-classes
- **April 1**: Tuition payment deadline
- **April 1**: Parent & Family Weekend
- **April 2**: Last day to add/drop a course w/o a $20 fee
- **April 3**: Parent & Family Weekend
- **May 1**: Final exams: June 3 & 5–9
- **May 5**: Last day for annual drop and S/NS
- **May 15**: Memorial Day (no classes)
- **June 1**: Last day of instruction
Research, Experiment, Explore
As a research university we value INTENTIONAL EXPLORATION, EXPERIMENTATION & DISCOVERY.

You are invited to select classes with these ideas in mind. Why might a chemistry major take a dance class? How could knowledge of the oceans be useful to someone studying business?

INNOVATION AND LEARNING HAPPEN WHEN YOU FIND CONNECTIONS BETWEEN SEEMINGLY UNRELATED CLASSES. SEEK OUT THESE CONNECTIONS.

What new academic areas are you ready to explore? How will you make connections between your classes this fall?
YOUR DEGREE WILL BE MADE UP OF FOUR TYPES OF CREDITS: GENERAL EDUCATION, AREAS OF KNOWLEDGE, YOUR MAJOR AND ELECTIVES.

Your General Education and Area of Knowledge requirements may vary based on your major. For example, not every major requires a foreign language, and while most students take 20 credits of each Area of Knowledge, some will take fewer. As you begin to research and ask questions about potential majors, becoming familiar with the General Education and Area of Knowledge requirements are a great first step.

QUESTIONS TO GET YOUR CLASS SEARCH STARTED

What kind of study environment works for you?

What is an issue that you care about?

What problems do you want to solve?

Finance/money aside, what is your ideal profession?
WHO IS MY ACADEMIC ADVISER?
The University offers both pre-major advisers and advisers for each academic department on campus. Advisers for pre-major students work in Undergraduate Academic Affairs and OMA&D Academic Counseling Services (EOP, TRIO SSS, CAMP) and are located in Mary Gates Hall 141, Monday–Friday, 8 a.m.–5 p.m.

LOOK FOR THE CONNECTIONS
You are not in this alone. Every explorer has a team. The University’s academic advisers are here to assist you as you navigate options and make decisions about your education. Faculty members, teaching assistants (TAs) and academic student clubs can also help you explore and learn more about your academic options.

What do you want to discuss with an academic adviser autumn quarter?

How can you create balance in your schedule throughout the year?

When it’s time to plan your courses for the next quarter, we recommend that you reflect on the courses you are currently taking.

If you loved a particular subject, try another course in that discipline. Also continue to explore new areas that you are curious about. In your first year, balance your schedule by taking a bit of everything while also taking prerequisite courses for your majors of interest.

ADDITIONAL SUGGESTIONS
• Consider a First-year Interest Group (FIG) in fall quarter and/or a Collegium Seminar in fall, winter or spring.
• First-year students should prioritize English composition courses.
• Even if you plan to major in a department that doesn’t require it, starting or continuing a foreign language may be a good idea.
• Try to take at least one small class (20–30 students).
• If you identified a major, investigate its requirements and start working on prerequisites and required sequences. This is especially crucial in majors with long sequences, like science, engineering and language.
**UAA ADVISING**

UAA Advising works with all freshmen and transfer students. Students who work with their advisers regularly report being open to new pathways and better informed about their academic options. You can work with your adviser to:

- Develop educational and life goals as you chart your journey through the University
- Learn about the University curriculum and relevant resources
- Get help navigating options, making decisions and solving problems

To meet our team and begin exploring your academic options visit: washington.edu/uaa/advising.

**UW HONORS PROGRAM**

Interested in getting involved with the Honors Program? Here are a few ways you can explore what Honors has to offer!

- Take one of our unique courses offered in all subject areas
- Apply to join the program via our Second Year Admission pathway
- Chat with a Peer Mentor (a current student in the program ready to answer your questions)
- Meet with an Honors academic adviser

You may also consider Departmental Honors once you have chosen and been accepted to your major. Learn about these options and more at: honors.uw.edu.
EXPLORING PRE-HEALTH

Choosing a career in health care is not one decision but a series of decisions based on exploration, investigation and reflection.

The UW pre-health advising team offers guidance and resources for informed decision-making. Pre-health advisers work with all UW undergraduates and alumni of our undergraduate programs to assist in the exploration of, preparation for and application to professional healthcare programs such as medicine, dentistry and pharmacy. Pre-health advisers assist students in mapping out their coursework to ensure that they've met the requirements for their degree as well as the program they're applying for, while also helping students identify clinical, research and leadership experiences that can demonstrate their commitment to their health profession.

For more information and to get a look at our resources visit: fyp.washington.edu/uaa/prehealth.

WHAT ABOUT MY RUNNING START, AP, IB, OR COLLEGE IN THE HIGH SCHOOL CREDITS?

Were you admitted to the UW through the freshmen admission process and have college credit through AP, IB, Running Start, or college in the high school?

During orientation, ask questions of academic advisers who will be available in registration labs to see how these credits may satisfy general education, potential major requirements and other graduation requirements. You may also visit Undergraduate Academic Affairs advising in Mary Gates Hall 141. For more information visit: fyp.washington.edu/advancedcredit.
EDUCATIONAL OPPORTUNITY PROGRAM (EOP)

EOP advising team members are trained to successfully steward students through the selection and scheduling of classes, exploration of possible majors and development of career goals. They also assist with financial aid, housing, personal matters and a host of additional supportive services. Both pre-major and major enrolled students utilize EOP Advising.

TRIO STUDENT SUPPORT SERVICES (TRIO SSS)

TRIO SSS provides holistic and comprehensive advising and instruction, in order to support economically disadvantaged and first generation to college students at the University of Washington. Eligible students participate in classes, workshops and activities designed to promote the successful pursuit of their academic, professional and personal goals.

COLLEGE ASSISTANCE MIGRANT PROGRAM (CAMP)

The CAMP Program is federally funded and designed to assist first-year college students from migrant/seasonal farm working families attending the UW. The CAMP team provides academic and personal support, financial assistance, peer mentoring and leadership opportunities.

CHAMPIONS PROGRAM

The UW Champions Program focuses on the promotion and success of youth and alumni of foster care in postsecondary education. By providing one-on-one support, community building activities and educational advocacy to students at UW, the Champions program seeks to ensure each participant’s academic success and preparation for lifelong achievement after graduation from postsecondary education.

ADDITIONAL OMA&D PROGRAMS AND SERVICES

Kelly Ethnic Cultural Center (ECC) and ʔałʔałtxʷ Intellectual House (page 35)
Early Identification (EIP) and Ronald E. McNair Programs (page 37)
The University of Washington has a longstanding and growing commitment to equity, inclusion and diversity.

As part of this commitment, President Ana Mari Cauce established a Race & Equity Initiative to support and sustain diversity at the UW. In our role as a public university, we must understand, support and foster many perspectives and individuals' narratives, and create an academic environment that benefits everyone on UW campuses. The Race and Equity Initiative builds upon ongoing efforts of the University to center diversity and inclusion by:

• **Enriching the personal UW experience**
  The Race & Equity Initiative enhances individual development and provides greater resources and opportunities for teaching and learning around race and equity.

• **Addressing institutional bias**
  Improving inclusion and fairness at all levels of the UW is a key goal of the Initiative. We are identifying and revising policies that are barriers to equity and justice and that prevent student, faculty and staff success.

• **Engaging our communities**
  The UW is engaging with local citizens, community-based organizations, businesses and alumni to understand and address the problems that impede the health, well-being and safety of everyone in the Husky family – at home and around the world.

The Race & Equity Initiative is a high priority for the University as we continue our work to foster a welcoming and inclusive campus so that all students have the opportunity to grow, learn and lead at the UW and beyond.

There are several ways for you to get involved in the Race & Equity Initiative. Opportunities include joining a committee, becoming a facilitator, or participating in conversations, courses and activities provided under the Initiative. To learn more about the Race & Equity Initiative please visit the website, washington.edu/raceequity.
USE YOUR RESOURCES

The beginning of your UW experience is a transition — whether you’re taking your first college course or have college credit from Running Start or AP tests — and the rigors of the University’s academic environment require some adjustment. Take full advantage of your Husky Experience and be undaunted and active in the UW’s community of scholars.

STUDENT ATHLETE ACADEMIC SERVICES (SAAS)

The primary goal of SAAS is to help student athletes reach their academic goals. Our staff work closely with faculty, coaches, student services professionals and University administration to help student athletes balance the demands of academics and athletics. SAAS offers advising and tutoring to student athletes, increases their awareness of University services and helps them use those resources well. fyp.washington.edu/saas

ACADEMIC SUPPORT PROGRAMS (ASP)

ASP provides comprehensive, personalized, high-level academic and social support for the full range of UW undergraduates. ASP supports students with their transition into college life through drop-in, multidisciplinary tutoring at the Center for Learning and Undergraduate Enrichment (CLUE), academic achievement courses and one-on-one tutor-mentor relationships. depts.washington.edu/aspuw

DISABILITY RESOURCES FOR STUDENTS (DRS)

Disability is an aspect of diversity that is integral to society and to our campus community. DRS works with students individually to establish academic adjustments and auxiliary aids and services — more frequently referred to as academic accommodations — to eliminate barriers impacting a student’s equitable access to campus facilities, programs and activities. depts.washington.edu/uwdrs

NATIONALLY 11–15% OF STUDENTS ON COLLEGE CAMPUSES HAVE A DISABILITY.

2000= THE NUMBER OF STUDENTS WITH DISABILITIES (SWD) SERVED BY THE UW EACH YEAR
### FIG CLASS COMBINATIONS

All FIGS include a 2-credit General Studies 199: University Community course. FIGS are flexible: Gen. St. 199 can be taken on its own, or clustered with 1, 2, or 3 courses.

<table>
<thead>
<tr>
<th>FIG Combination</th>
<th>Credits</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>2 credit FIG</td>
<td>2</td>
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<tr>
<td>7 credit FIG</td>
<td>7</td>
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<tr>
<td>12 credit FIG</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>17 credit FIG</td>
<td>17</td>
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</tr>
</tbody>
</table>

- Gen. St. 199: 2 credits
- Class 1: 5 credits
- Class 2: 5 credits
- Class 3: 5 credits

Register for 2-3 more courses
Register for 1-2 more courses
Register for 1 more courses (optional)
Full schedule

### FINANCES

Funding a college education takes careful planning and often requires tapping a variety of financial resources. We’re here to help you determine whether you qualify for aid, assist you in applying for aid and, finally, make sure you receive it.

**OFFICE OF STUDENT FINANCIAL AID (OSFA)**

OSFA administers student grants, scholarships, loans and work study opportunities. Each year about 60% of University of Washington undergraduates receive about $400 million in financial aid — with $240 million in scholarship and grant funds. We have a wide array of federal, state and institutional financial aid programs to help students at all economic levels pay for their education. [washington.edu/financialaid](http://washington.edu/financialaid)

**STUDENT FISCAL SERVICES (SFS)**

SFS handles all tuition payments, most student billing and disburses approved financial aid. They also provide short term loans, tax workshops for students and informational sessions on various financial concerns for students. [f2.washington.edu/fm/sfs](http://f2.washington.edu/fm/sfs)

**Dare to Do**

Each year about 60% of UW undergraduates receive about $400 million in financial aid.
DID YOU KNOW?

The UW has 16 different libraries, each offering specialized library materials and unique study spaces for all students. Check out the Art Library, Engineering Library, Foster Business Library, Health Sciences Library and more.

Ask a Librarian! Librarians are friendly, knowledgeable and can help you at any stage of the research process. You can easily make an appointment with a librarian at the Odegaard Writing and Research Center. depts.washington.edu/owrc

Textbooks for many courses can be checked out from Odegaard.

ODEGAARD UNDERGRADUATE LIBRARY

Library is a great place to meet with friends or study alone. It features multiple group study rooms and booths, mobile whiteboards and screens, active learning classrooms, a Sound Studio, a Digital Presentation Studio and quiet study space on the third floor. It is also the home of the Odegaard Writing and Research Center and the Learning Commons. The Learning Commons is the largest computing lab on campus and contains hundreds of computers (PCs and Macs), printers and scanners as well as software for writing papers, creating presentations and audio and video editing and the Help Desk, which offers free technology help. You’ll also find English as a Second Language (ESL) books, graphic novels, travel guides and “Good Reads”—a collection of fun books for when you need a break from studying!

Odegaard is open 24 hours a day, Sunday–Thursday. Use your Husky Card to check out books and movies, pay for printing and enter the building after 7 p.m. Use your UW NetID to access online resources from off campus at any time. Visit lib.washington.edu to find:

- Links to information about each UW library, including operating hours.
- Specialized research databases, electronic books and journals you can access from anywhere using your UW NetID.
- The Media Center, home to thousands of DVDs and CDs you can check out for free, as well as streaming videos.
- Librarian-created Research Guides for every subject taught at the UW.
- Library job postings for students. We employ hundreds of students!

UNIVERSITY LIBRARIES

UW libraries are interactive, interdisciplinary spaces for scholarship where technology and information come together. UW librarians work with students and faculty to equip students with the skills and resources needed to be successful researchers, scholars and informed citizens in an information-rich world.
UW INFORMATION TECHNOLOGY

UW Information Technology is a central resource for your technology needs, including software, mobile apps and tools to enhance your learning experience at the UW. Among them is Canvas (for class websites), MyPlan (an online academic planner) and Notify.UW, which provides alerts when open seats become available in closed courses.

SPACESCOUT

Use SpaceScout to find individual and group study spaces. Study spaces may have whiteboards, shareable video monitors, markers and computer adapters that you can check out. Some even have great views of campus, Lake Washington and Mount Rainier!

scout.uw.edu

SCOUT UW*

Want Vietnamese food for lunch? Need coffee at 10pm? Want to experiment with a 3-D printer? Need a digital camera or laptop for a student project?

Yes, these are all available to UW students, but can be difficult to find. Until now.

Enter Scout UW, an app that helps you discover the physical resources you need on campus, when you need them. Features include:

- Browse cafe, market, and restaurant options on campus.
- Finding specific food spots based on cuisine, location, or food served.
- Discover specific resources—such as cameras, laptops or 3-D printers—and find them on campus.

* Scout UW was made possible by UW-IT and the Student Technology Fee and will launch this fall.

MOBILE UW

UW at your fingertips! Mobile UW is your online destination for UW mobile resources. Discover calendars, events, productivity tools, and mobile apps to help you take full advantage of your UW experience. mobile.uw.edu

Features include:

- View all campus events.
- All the most useful UW mobile resources, all in one place.
- Relevant content customized to the device you are using.
- Links to UW-affiliated Android, Apple and Windows app stores.

Developing for mobile devices?
See mobile.uw.edu/developers

HAVE CONCERNS IN THE CLASSROOM?

The Office of the Ombud serves the entire university community by providing a collaborative and confidential environment to discuss your situation and consider options for a plan. Last year the Ombud office helped students navigate issues with grading and academic progress, classmate relationships, unclear class expectations and more.

Visit washington.edu/ombud for more information.
# COMMON ACRONYMS

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Full Form</th>
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<tbody>
<tr>
<td>A&amp;O</td>
<td>Advising &amp; Orientation</td>
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<tr>
<td>A&amp;S</td>
<td>College of Arts &amp; Sciences</td>
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<tr>
<td>AISC</td>
<td>American Indian Student Commission</td>
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<tr>
<td>ASP</td>
<td>Academic Support Programs</td>
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<td>ASUW</td>
<td>Associated Students of the University of Washington</td>
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<tr>
<td>BSC</td>
<td>Black Student Commission</td>
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<td>CAMP</td>
<td>College Assistance Migrant Program</td>
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<tr>
<td>CLUE</td>
<td>Center for Learning and Undergraduate Enrichment</td>
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<tr>
<td>DRS</td>
<td>Disability Resources for Students</td>
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<tr>
<td>EAC</td>
<td>Elections Administration Committee</td>
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<td>ECC</td>
<td>Ethnic Cultural Center</td>
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<td>EFS</td>
<td>Early Fall Start</td>
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<td>EOP</td>
<td>Educational Opportunity Programs</td>
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<td>EXPD</td>
<td>Center for Experiential Learning and Diversity</td>
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<tr>
<td>FAFSA</td>
<td>Free Application for Federal Student Aid</td>
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<td>FIG</td>
<td>First-year Interest Group</td>
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<td>FIUTS</td>
<td>Foundation for International Understanding Through Students</td>
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<tr>
<td>FYP</td>
<td>First Year Programs</td>
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<td>HFS</td>
<td>Housing and Food Services</td>
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<td>HLI</td>
<td>Husky Leadership Initiative</td>
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<td>HUB</td>
<td>Husky Union Building</td>
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<tr>
<td>I&amp;S</td>
<td>Individuals and Societies</td>
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<tr>
<td>IC</td>
<td>Instructional Center</td>
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<td>IFC</td>
<td>Interfraternity Council</td>
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<td>IMA</td>
<td>Intramural Activities</td>
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<td>NSEOF</td>
<td>New Student Enrollment and Orientation Fee</td>
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<tr>
<td>NW</td>
<td>Natural World</td>
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<tr>
<td>OGR</td>
<td>Office of Government Relations</td>
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<td>OL</td>
<td>Orientation Leader</td>
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<td>OMAD</td>
<td>Office of Minority Affairs &amp; Diversity</td>
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<td>OSFA</td>
<td>Office of Student Financial Aid</td>
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<td>OVO</td>
<td>Office of Volunteer Opportunities</td>
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<td>PISC</td>
<td>Pacific Islander Student Commission</td>
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<tr>
<td>QSR</td>
<td>Qualitative and Symbolic Reasoning</td>
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<td>RA</td>
<td>Residential Adviser</td>
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<td>RDR</td>
<td>Rainy Dawg Radio</td>
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<td>ROTC</td>
<td>Reserve Officers Training Corps</td>
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<td>RSO</td>
<td>Registered Student Organization</td>
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<td>SAF</td>
<td>Services &amp; Activities Fee</td>
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<td>SAO</td>
<td>Student Activities Office</td>
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<td>SARVA</td>
<td>Sexual Assault &amp; Relationship Violence Activists</td>
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<td>SFC</td>
<td>Student Food Cooperative</td>
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<td>SFS</td>
<td>Student Fiscal Services</td>
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<tr>
<td>SLN</td>
<td>Schedule Line Number (code to register for classes)</td>
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<tr>
<td>SORC</td>
<td>Student Organization Resource Center</td>
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<tr>
<td>SPD</td>
<td>Seattle Police Department</td>
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<tr>
<td>STFC</td>
<td>Student Technology Fee Committee</td>
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<tr>
<td>TA</td>
<td>Teaching Assistant</td>
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<tr>
<td>TRIO</td>
<td>(not actually an acronym): Federal programs designed to identify and provide services for individuals from disadvantaged backgrounds.</td>
</tr>
<tr>
<td>UAA</td>
<td>Undergraduate Academic Affairs</td>
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<td>UW</td>
<td>University of Washington</td>
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<td>UWL</td>
<td>UW Leaders</td>
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<tr>
<td>UWPD</td>
<td>UW Police Department</td>
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<tr>
<td>VLP</td>
<td>Visual, Learning and Performing Arts</td>
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<tr>
<td>WAC</td>
<td>Waterfront Activities Center</td>
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</tbody>
</table>
CONSIDER YOURSELF FUTURE ALUMNI

The UW Alumni Association can help strengthen your Husky experience — from day one to graduation and beyond.

From celebrating Husky pride to exploring careers, the UW Alumni Association is here for you during your time as a student. Find out more at uwalum.com/futurealumni.

You’re a student now, but you’ll be a Husky for life and when you graduate, you’ll join an impressive network of more than 330,000 UW alumni. They’ll be there to help then and they are here to help now.

Throughout the year, look for opportunities to connect with alumni through UWAA’s student centered programs, be it mentorship, career preparation, or job shadowing opportunities.

RESOURCE NOTES

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LEARNING DOESN’T END WHEN YOU LEAVE THE CLASSROOM

Join a student organization, conduct research that leads to life-changing discoveries, or volunteer in the Seattle community.

THROUGH LEADERSHIP, CAMPUS INVOLVEMENT AND EXPERIENTIAL LEARNING, FIND THE SIGNATURE EXPERIENCES THAT WILL ENHANCE YOUR HUSKY EXPERIENCE.

How will you impact the UW community? In what ways will the community challenge and shape you?
The University of Washington is committed to cultivating cultural and global awareness, exchange of knowledge and cross-cultural relationships.

FIUTS LANGUAGE EXCHANGE
Practice a new language and make a global connection at the same time through the FIUTS Language Exchange. You can find a match with other students who are also interested in practicing language skills through a self-selecting exchange board. A student who speaks Arabic and wants to practice English can find a partner who speaks English and wants to practice Arabic. See the board outside the FIUTS office, room 206 in the Husky Union Building, or email info@fiuts.org for more information.

STUDY ABROAD
More than 2,000 UW students study abroad each year on more than 700 international study and internship opportunities. Programs range from three weeks to one year and students may study a specific topic in a learning community with a UW professor, attend one of our 70 partner universities abroad as an exchange student, or take advantage of one of our affiliated options for language study or internships. Many scholarships are available and financial aid will also follow you abroad! Learn more at the annual UW Study Abroad Fair (details below) and by visiting washington.edu/studyabroad.

UW STUDY ABROAD FAIR
TUESDAY, NOVEMBER 8TH 2016
10 A.M. – 2 P.M.
HUB BALLROOM
WHAT DO YOU ALREADY KNOW AND HOW DO YOU WANT TO GROW?

KELLY ETHNIC CULTURAL CENTER (ECC)

The ECC is a cultural center dedicated to inclusive space and student leadership development. The ECC offers educational workshops and training on social justice, is home to 165 registered student multicultural organizations, and hosts cultural events year round in the center and theatre. Features include a dance studio, leadership lab, wellness room, computer lab and a program for undocumented students called, Leadership Without Borders. There is a world of opportunities waiting for you at the ECC!

depts.washington.edu/ecc

INTELLECTUAL HOUSE

Opened in spring of 2015, the Intellectual House provides a learning and gathering space where American Indian and Alaska Native students, faculty and staff — and others of various cultures and communities — can come together in a supporting and welcoming educational environment to share their knowledge and their cultures with one another. A primary purpose of Intellectual House is also to increase American Indian and Alaska Native students’ success at the UW, preparing them for leadership roles in their tribal communities and the region.

washington.edu/diversity/tribal-relations/intellectual-house
LEADERSHIP CAN BE LEARNED AND GROWS THROUGH PRACTICE AND REFLECTION.

HUSKY LEADERSHIP INITIATIVE

5 WAYS TO KICKSTART YOUR LEADERSHIP JOURNEY AT THE UW:

- Go to U Lead We Lead 2016 on Thursday, October 20th from 6-8 p.m. in the HUB to hear from inspiring speakers and meet fellow Huskies over dinner.

- Enroll in the GEN ST 391 Leadership Firesides course this winter and hear stories and leadership lessons from a new leader each week.

- Register for a Collegium Seminar during the 2016-2017 academic year and develop your leadership in a small, discussion-based environment on a subject that intrigues you! collegium.uw.edu

- Accelerate your leadership development in the Learning Leadership in Theory & Practice course (BA 391/GEN ST 391) winter quarter!

- Stay in touch with the Husky Leadership
  - huskyleadership.uw.edu
  - uwhli@uw.edu
  - facebook.com/huskieslead
START TO QUESTION THE ANSWER

The Center for Experiential Learning & Diversity (EXPD) extends the UW undergraduate experience beyond the classroom. We develop reciprocal partnerships with students, communities, mentors and faculty in order to help students take academic risks, actively engage in their own learning, explore the world and their place in it and develop a deeper understanding of themselves and their goals. expd.uw.edu

COMMUNITY ENGAGEMENT

Carlson Leadership & Public Service Center facilitates opportunities for students to engage with and learn from their communities through service learning and community leadership.

Jumpstart connects college students with preschool-aged children from underserved communities in Seattle for early education opportunities.

Pipeline Project connects students with educational, service and research opportunities in local and regional K-12 schools.

SCHOLARSHIP

Global Opportunities (GO!) offers advising, support and scholarship opportunities for students interested in study, research and internships abroad.

Mary Gates Endowment for Students provides scholarships to UW undergraduates from all disciplines who demonstrate exceptional promise in leadership, research or creative works.

Office of Merit Scholarships, Fellowships and Awards (OMSFA) helps UW undergraduates develop skills and personal insights necessary to pursue scholarships appropriate to their goals.

RESEARCH

Ronald E. McNair Program, a TRIO Program, prepares students for doctoral study who are from low-income and first-generation or underrepresented backgrounds and whose goals are to teach and conduct research at the college level.

Early Identification Program (EIP) encourages and assists undergraduate students from educationally and economically disadvantaged backgrounds to pursue graduate or professional school.

Undergraduate Research Program (URP) assists students in all disciplines in planning for an undergraduate research experience, identifying faculty mentors and projects, defining research goals, presenting and publishing research findings and seeking funding for their research.
At the Instructional Center, students take their time to learn and are not afraid to ask questions. Serving eligible students within the Educational Opportunity Program (EOP), the Instructional Center (IC) is a place where students study together, develop support groups and create lasting friendships.

The Career & Internship Center works with students throughout their time at the UW helping them connect their academics and extracurricular activities with future plans. Whether you’re beginning to explore majors or already have a career path in mind, Career Counselors can help you map out options and refine your strengths to take advantage of whatever opportunities come your way.

The center hosts workshops on resume and cover letter writing, interviewing, internship/job search strategy every quarter, as well as new options on a variety of topics. In addition, we provide a full spectrum of services, including 1-on-1 appointments, mock interviews and drop-in sessions so you can get your unique questions answered.

Additional career-related resources include HuskyJobs (a free, searchable online database of internship and job postings); career planning/exploration classes for students who prefer more focused support and numerous events throughout the year that bring employers to campus in search of hiring qualified Huskies. careers.uw.edu

Action Steps:

- Visit us in MGH 134 and grab a Career Guide – a comprehensive guide to writing your resume and cover letter, interviewing and tips for landing an internship or job.
- Meet with an undergraduate Peer Adviser to discuss part-time campus jobs, or get advice on updating your high school resume.
- Add the 2017 Internship Fair to your calendar, February 16, 2017, and consider what kind of experience you want to get the summer after your first year.

Questions You Can Ask a Counselor

- How can I show experience if I don’t have any?
- Is it okay to include high school jobs and activities on my current resume?
- What is an internship and how do I find one?
- What kinds of jobs do alumni from my intended major do?
- What if I don’t know what I want to study or do for work?

SOCIAL & COMMUNITY LIFE

Your academics are an important element of your Husky Experience, but they are only one part of the complete picture. Ask yourself: What do I want to learn while I am at the University, and how can I find experiences that will help me learn outside of the classroom?

Think about part-time jobs, internships, alternative spring and winter break service trips, Seattle-area community service opportunities, tutoring students at a local elementary school, getting involved with research and more.

These experiences add depth to your academic experience and will help you tell your story once you graduate.
**HUSKY UNION BUILDING (HUB)**

As the UW's student union, the HUB serves as a center of campus community and events. It is where students have an opportunity to work, study and play. For many, it serves as a second home.

The HUB is the place to find several student services including: RSO Resource Center, Student Activities Office, Lost & Found, Commuter & Transfer Commons, HUB Games (bowling, pool, video gaming), Student Legal Services, UW Police Sub-Station and many others.

Student government offices for GPSS and ASUW make the HUB their home as well. ASUW offers services such as the Bike Shop, Experimental College and Rainy Dawg Radio. The HUB is also a major concert, performance, cultural and student organization event venue. [hub.washington.edu](http://hub.washington.edu)

**OFFICE OF STUDENT VETERAN LIFE (OSVL)**

OSVL is home to a staff of skilled military veterans who can help you navigate through the UW. From campus locations to student resources, we are able to serve student veterans at any point in their college experience.

Open Monday through Thursday from 9 a.m. to 6 p.m. and Friday from 9 a.m to 4 p.m., Student Veteran Life is also a great place for veterans to study, grab a free cup of coffee, use the printer, or just hang out and meet other veterans. Throughout the year, look for Veterans Night Out events during Dawg Daze, Memorial Day events, Veterans Day events and more! [vetlife.washington.edu](http://vetlife.washington.edu)

**VETERAN EDUCATION BENEFITS OFFICE (VEBO)**

VEBO provides students with information about VA educational benefits, certifies GI Bill benefits and answers questions about financial aid. We can help student veterans as they transfer from military to student life by creating a space on campus where all veterans can go to develop a sense of unity, pride and community. [osfa.washington.edu/wp/veterans](http://osfa.washington.edu/wp/veterans)

**Q CENTER**

The University of Washington Q Center is a primarily student-run resource center serving any UW community member with or without a gender or sexuality. We host and support student groups, put on regular programming events, house a lending library and amplify student voices on our student blog. [qcenter.washington.edu](http://qcenter.washington.edu)

**COMMUNITY STANDARDS AND STUDENT CONDUCT (CSSC)**

Offering a developmental approach to addressing student conduct, providing support and guidance to the campus community and promoting and advancing the values and expectations of the University of Washington. CSSC does the following:

- Investigates allegations of misconduct of the University of Washington Student Conduct Code and makes determinations of responsibility including academic and non-academic misconduct.
- Resolves conflict between students and develops appropriate interventions as necessary.
- Educates members of the campus community about issues of integrity, safety and accountability.
- Advocates for student rights in the student conduct process.

Check out the Student Conduct Code at: [washington.edu/admin/rules/policies/WAC/478-120TOC](http://washington.edu/admin/rules/policies/WAC/478-120TOC)
Find A Registered Student Organization (RSO): 
Check out the RSO Directory at RSO Community: uws-community.symplicity.com, email us at rsoinfo@uw.edu, or come visit SAO in HUB 232.

Can’t Find An RSO For You? Start One! Here’s How:
1) Develop an idea
2) Gather at least five members
3) Sign up for a registration session through RSO Community

HOW CAN THE SAO HELP RSOs?
- RSO Registration
- Advising
- Leadership and Development
- Fundraising
- On-Campus Events
- Publicity
- UUF and Other Permits

CONTACT US!
email: sao@uw.edu
phone: (206) 543-2380
web: sao.washington.edu
facebook: facebook.com/saoatuw
twitter: @UW_SAOf
instagram: @UW_SAO

HUB 232
Box 352238
Seattle, WA 98195
Monday-Friday: 9am-6pm

WHAT SURFaced TODAY THAT’S SURPRISING/UNEXPECTED?

WHAT ARE SOME MAJOR CHALLENGES YOU WANT TO TACKLE?
Not only does each individual make the community stronger, we believe that the community supports each individual. The UW provides state-of-the-art services and professional staff to ensure the safety of every student.

YOUR WELLNESS AS A STUDENT AT THE UNIVERSITY OF WASHINGTON IS AN ACTIVE PROCESS OF AWARENESS AND MAKING CHOICES TOWARD A MORE SUCCESSFUL HUSKY EXPERIENCE. FROM DAY ONE YOU'LL BE MAKING CHOICES ABOUT YOUR HEALTH, FITNESS AND WELLBEING.

What will you do to be a Healthy Husky? How will you support the wellbeing of others?
INTRAMURAL ACTIVITIES (IMA)

All full-time UW students are given a membership to the IMA as part of their tuition and fees, so join the thousands of students who visit us daily to exercise, play sports, take fitness and yoga classes and more. The IMA building is a state-of-the-art fitness facility and one of the most popular destinations on campus. The IMA is open Monday–Friday, 6 a.m.–10:30 p.m.; Saturdays 9:00 a.m.–9:30 p.m.; and Sundays 11 a.m.–8:30 p.m. Your time at the UW is the right time to lay a foundation for lifelong fitness and wellness. washington.edu/ima

Some of what you’ll find at the IMA:

- Five gyms (basketball, volleyball, badminton)
- Fitness center with top-of-the-line cardio and weight machines
- Locker rooms and saunas (men’s and women’s)
- Racquetball, handball and International and North American squash courts
- Crags Climbing Center & Climbery Instructional Studio
- Indoor jogging & walking track (1/9 mile)
- Swimming pool (25 yards)
- Sports fields, 13 tennis courts, the Waterfront Activities Center and a golf driving range
- Intramural and club sports
- More than 100 weekly fitness classes — featuring martial arts, mind/body awareness, TRX, cycling and aquatics
- Highly-qualified personal trainers

Be a happy, Healthy Husky!

How can the IMA support your plan for a healthy lifestyle?
As a UW student, you are eligible for many valuable health services here which are available at no further out of pocket cost to you, because you pay the quarterly Services and Activities Fee along with your tuition.

Some of what your SAF covers at Hall Health Center:

- One visit per quarter for medical concerns (this excludes comprehensive physicals, specialty visits, and procedures)
- Preventive counseling and contraceptive advice
- Unlimited visits with our Consulting Nurses [206-221-2517], including an after-hours nurse phone line [206-744-2500] for urgent medical problems
- Advice about HIV and other sexually transmitted disease exposures
- Brief Alcohol Screening and Intervention for College Students (BASICS), a service for students who want to explore their alcohol use
- Help quitting smoking
- Access to light therapy room for Seasonal Affective Disorder
- Help when you are in crisis

For more information regarding Hall Health Center’s services and insurance billing procedures, drop in to see us (across the street from HUB), call (206) 685-1081, or visit our website: hallhealth.washington.edu/students.

HEALTH INSURANCE 101

You may soon be managing your own health care for the first time ever. Do you know what your insurance covers and where you can go for care?

1. YOUR CARD

Keep your insurance card in your wallet so you’ll always have it handy - you never know when you’ll need it. Make sure to look it over, both front and back. The front side will have your ID number, and the back should have the phone number for your insurance company. Note that if you have Medicaid (Apple Health) you may not have an insurance card.

2. YOUR COVERAGE

Most private insurance plans require you to pay out-of-pocket for part of your care. Know the basics about your coverage before you get sick. You can call your insurance company and ask questions like:

- Do I have a deductible?
- Do I have co-insurance?
- Are services like mental health care, vision and dental included in my plan?

You can also request a plan booklet from your insurer that outlines your coverage. If you have Medicaid, most care should be covered.

3. YOUR NETWORK

Your insurance plan divides health care providers into two categories: in-network and out-of-network. Your insurance will cover you at a higher level if you visit an in-network provider. If you go outside of your plan’s network, you will likely pay more. To find out which health care providers are in-network, visit your insurance company’s website or call the number on the back of your card.

NEED HELP? Visit Hall Health Center for help with insurance questions, physical, mental and specialty health care and more. Find us online or call (206) 685-1011.
HEALTH & WELLNESS

Offering confidential support and advocacy, as well as evidence-based education and training for all UW students.

TRAINING & EDUCATION: We provide presentations, training and education to students, staff and faculty on content from all Health & Wellness programs. Our efforts promote evidence-based prevention services and strategic planning to the campus community. | tumasm@uw.edu • 206.221.7187

PEER HEALTH EDUCATORS (PHES): Student volunteers who bridge the gap between students and campus resources, health education and research. PHES facilitate workshops and events with students on a variety of health issues. | phehwdr@uw.edu

SUICIDE INTERVENTION PROGRAM: We provide early intervention and support for students who may be struggling and are not yet engaged in care. | meganken@uw.edu • 206.543.7454

SEXUAL ASSAULT, RELATIONSHIP VIOLENCE, STALKING & HARASSMENT ADVOCACY: We work with students to provide support, advocacy, reporting options and resources. This is a confidential starting point for all students to safely explore their options and receive support. | hwadvoc@uw.edu • 206.685.4357

ALCOHOL & OTHER DRUG EDUCATION: We provide education, consultation and resource referrals around alcohol and other drugs. This is a confidential starting point for evidence-based intervention and prevention practices. | jkilmer@uw.edu • 206.543.7259

STUDENT CARE PROGRAM: We advise and support students who are in distress by creating plans to address stressors and the unique needs of each student. | livewell@uw.edu • 206.543.2684

Find more information about each of these programs at: depts.washington.edu/livewell

Green Dot @ UW

Green Dot is a Health and Wellness initiative aimed at encouraging students to step in, speak up and interrupt potential acts of power-based personal violence. Being a Green Dot bystander is all about making choices that create a culture less tolerant of violence, and oriented toward a safer, more inclusive community. Trainings take place in fall, winter and spring quarters.
SAFECAMPUS

We know that not every day will be a great day. At some point, you might need help. If you feel worried or concerned about yourself, a friend, a roommate; if something feels potentially dangerous; or if you just need to talk, remember that the UW cares about your safety and well-being.

In addition to the services provided by SafeCampus and Health and Wellness, staff from these additional programs can consult with you about your situation and provide support — whether or not you decide to make a report.

**UWPD Victim Advocate** can assist students, faculty and staff who have concerns about relationship violence, sexual harassment/assault, stalking or any type of crime, whether or not a police report is filed.
206.543.9337 • police.uw.edu

**Sexual Assault, Relationship Violence, Harassment & Stalking Advocacy** is a confidential starting point for students who have been affected by sexual assault, relationship violence, stalking and sexual harassment.
206-685-4357 • depts.washington.edu/livewell/advocate

**Counseling Center** psychologists and mental health counselors provide confidential counseling, assessment and crisis intervention services to currently-enrolled UW students.
206-543-1240 • 401 Schmitz Hall UW

**Carelink** provides services for benefits-eligible UW academic personnel and staff, their dependents and household members.

**Harborview Center for Sexual Assault** nurse examiners are available to provide specialized medical treatment for victims of sexual assault and are certified in evidence collection and preservation.
206-744-1600 or 206-744-1616 TDD • depts.washington.edu/hcsats
WHY CALL SAFECAMPUS

Students juggle a lot: academics, jobs and social obligations all put pressure on them. Sometimes a student's behaviors can be a warning sign of a deeper issue that needs support. Students are often unaware of all the resources that exist on campus to support them. If you are concerned about another student, reach out to SafeCampus and we can creatively problem solve with you and provide you with the appropriate campus resources.

BEHAVIORS YOU CAN CALL ABOUT

• Dramatic changes in personality, mood or behavior.
• Withdrawing from friends and acquaintances.
• Unusual irritability; outbursts of anger, use of violence
• Making direct or veiled comments about harming one’s self or others.
• Academic performance decline and/or attendance problem.
• Crossing boundaries (excessive phone calls, emails and/or visits).
• Substance abuse.
• Experiencing a controlling and/or violent relationship.

PROHIBITED BEHAVIORS

The University does not tolerate behaviors that:

• are violent
• threaten violence
• harass or intimidate others
• interfere with an individual's legal rights of movement or expression
• disrupt the workplace, our academic environment, or the University’s ability to provide service to the public

Violent or threatening behavior can include physical acts, verbal or written statements, harassing email messages, harassing telephone calls, gestures and expressions.

TAKE ACTION

Trust your instincts. Pay attention to cues, comments and your experiences.

Reach out. If you notice behaviors that make you or others uncomfortable, you do not have to deal with it alone. Ask for help by calling SafeCampus at 206-685-SAFE (7233). For more information, visit washington.edu/safecampus.
The University of Washington has designated offices responsible for responding to, investigating and resolving complaints.

Title IX Coordinator: Title IX prohibits discrimination based on gender. For concerns relating to Title IX compliance and consultation for programs, departments, schools and colleges. Kate Leonard, Title IX, Compliance Services • Roosevelt Commons West 206.221.7932 • TitleIX@uw.edu • fcompliance.uw.edu/titleIX

University Complaint Investigation Resolution Office: For complaints concerning the conduct of University employees, including student employees. 206.616.2028 • compliance.uw.edu/UCIRO

Title IX Investigation Office: Conducts investigations of complaints that a University student has violated the sexual misconduct provisions of the University of Washington Student Conduct Code. 206.616.5334 • tixinv@uw.edu

Community Standards and Student Conduct: Conducts investigations of complaints that a University student has violated other provisions of the Student Conduct Code. 206.685.6194 • washington.edu/cssc

Campus Human Resources: For complaints involving staff employees, including student employees. 206.543.2354

Harborview Medical Center (HMC) Human Resources: For complaints involving HMC staff employees, including student employees. 206.744.9220

UW Medical Center (UWMC) Human Resources: For complaints involving UWMC staff employees, including student employees. 206.598.6116

Academic Human Resources: For complaints involving faculty, librarians and other academic personnel. 206.543.5630
The University of Washington Police Department (UWPD) serves and protects over 68,000 students, staff, faculty and visitors 24 hours per day, 365 days per year.

We are committed to:

**Access:** Working to create a safe and secure environment in which students, staff and faculty can follow their intellectual, creative and academic pursuits.

**Engagement:** Collaborating with the community to maintain a safe environment for the students, faculty and staff who make this University great.

**Diversity:** Striving to reflect the diversity of our community in our hiring practices to better collaborate with, connect with and understand those we serve.

**Care:** Taking pride in our excellent customer service, rigorous follow-up on cases and quick response time to calls as well as our array of crime prevention services and programs. We see each encounter with members of our community as an opportunity to highlight our commitment to service and accountability.

**Student Learning:** Fostering the next generation of leaders by providing learning opportunities within our department (such as our internship program) and the security necessary for students to engage in academic pursuits.

For more information visit [police.uw.edu](http://police.uw.edu) or visit our office at 3939 15th Ave NE.

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**IN CASE OF EMERGENCY**

Calling **911** from campus phones will connect you to UWPD. From other phones you may be connected to Seattle Police or Washington State Patrol. For on-campus issues, request to be transferred to UWPD.

Non-emergencies: **206.685.UWPD (8973)**
Husky NightWalk: 206.685.WALK (9255)
Victim Advocate: 206.543.9337
UW Alert blog: [emergency.uw.edu](http://emergency.uw.edu)
Don’t forget to register your valuables! UWPD offers free registration for bicycles and electronic devices. Visit police.uw.edu/loveyourstuff.

UW ALERT

The University has developed UW Alert to disseminate official information via email, text messages, telephones, loudspeakers, website banners and other means to keep the campus community informed during emergencies and situations that might disrupt normal operations.

All UW students are automatically opted in for email notifications and all students living in the residence halls are automatically opted in for both emails and texts. Not living on campus? UW faculty, staff and off campus students can subscribe via uwalert.org.

Parents, families and other loved ones without a University email account can find information on emergency situations, critical incidents and alerts via the UW Alert website (washington.edu/safety/alert), the UW Information line (206.UWS.INFO), Facebook (UW-Alert) and Twitter (@UWalert).
IT’S SAID YOU CAN’T CHANGE THE WORLD WITHOUT EATING BREAKFAST FIRST

Whether you live on North Campus or commute from North Bend, we have dining, housing and transportation options to make living your Husky Experience worry-free.

LIVING AND LEARNING IN A NEW PLACE GIVES YOU THE CHANCE TO ENGAGE WITH DIFFERENT CULTURES AND PEOPLE.

EMBRACE THE OPPORTUNITY TO MEET SOMEONE NEW AND GAIN NEW PERSPECTIVES.

How will you navigate the changes in your living situation? Where can you connect to the campus community if you are not living on campus?
PUT DOWN ROOTS
GETTING TO CAMPUS

Wherever you live and whatever your situation, UW Transportation Services is there to help you get to campus and around Seattle.

COMMUTE CONCIERGE

Need assistance with planning your commute? Transportation Services’ free Commute Concierge program is there to help you learn all about your commute options. Staff provide personalized transportation support to help you find a commute that best fits your needs.

We suggest you contact Commute Concierge before the start of each quarter to help make your first day of class as smooth as possible. transportation.uw.edu

SUSTAINABILITY

At the University of Washington

UW Sustainability works with students, staff, faculty and campus partners to encourage and coordinate sustainability on campus. If you’re looking to join a student group, find a volunteer opportunity, connect with research projects or find out how to make your idea to change campus a reality, UW Sustainability is your resource. green.uw.edu

The Campus Sustainability Fund provides grants for students to develop environmental projects on campus. The student-funded and student-run fund has awarded more than $1.3 million in grants to make large and small projects possible. csf.uw.edu

UW AT A GLANCE

- **82%** of students, faculty and staff commute by transit, ridesharing, biking or walking, rather than driving alone.
- **More than 40 buildings** on campus are LEED certified or in process for certification.
- **Over 100** certified green offices and labs on the Seattle campus.
- **66%** waste diverted from landfill through recycling, composting and reuse.
- **Over 40** sustainability-focused student groups are active on campus.
- UW has a **15% carbon reduction** target for 2020.
U-PASS

All Seattle campus students automatically have a U-PASS activated on their Husky Card a week before the quarter starts. To finalize activation of your U-PASS, tap it on any bus or train card reader within 60 days. U-PASS membership benefits include:

- Unlimited rides on King County Metro, Community Transit, Pierce Transit, Kitsap Transit, Everett Transit bus services and on Sound Transit buses, Link light rail and Sounder commuter trains
- Full fare coverage on King County Water Taxis
- Full fare coverage on Seattle Streetcar
- Unlimited rides on NightRide Shuttle
- Carpool incentives
- Subsidized vanpool fare
- Discounted membership on carshare and bikeshare
- Deals & Discounts at transportation-related businesses

OVER 90% OF STUDENT TRIPS TO CAMPUS USE OPTIONS OTHER THAN DRIVING ALONE

Based on total weekday trips to campus among students (UW 2014 Transportation Survey).
**Housing & Food Services (HFS)**

Our goal is to support you and provide you with the tools you need to succeed at the UW. Keep the following information handy as it will help you navigate your on campus living experience!

hfs.washington.edu

### Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 1, 2016</td>
<td>Fall quarter dining account level change deadline</td>
</tr>
<tr>
<td>Sept. 22, 2016</td>
<td>Fall quarter dining funds available</td>
</tr>
<tr>
<td>Oct. 31, 2016</td>
<td>Agreement termination notice deadline for winter and spring quarters</td>
</tr>
<tr>
<td>Dec. 1, 2016</td>
<td>Winter quarter dining account level change deadline</td>
</tr>
<tr>
<td>Jan. 1, 2017</td>
<td>Winter quarter dining funds available</td>
</tr>
<tr>
<td>Jan. 31, 2017</td>
<td>Agreement termination notice deadline for spring quarter</td>
</tr>
<tr>
<td>Mar. 1, 2017</td>
<td>Spring quarter dining account level change deadline</td>
</tr>
<tr>
<td>Mar. 26, 2017</td>
<td>Spring quarter dining funds available</td>
</tr>
<tr>
<td>Apr. 2017</td>
<td>2016–17 returning resident application period</td>
</tr>
<tr>
<td>Jun. 10, 2017</td>
<td>Any money remaining in your dining account is forfeited</td>
</tr>
</tbody>
</table>

### Move-in/Move-out Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 11, 2016 at 8 a.m.</td>
<td>12-month apartment move-in</td>
</tr>
<tr>
<td>Sept. 22–23, 2016</td>
<td>Residence hall move-in</td>
</tr>
<tr>
<td>Dec. 17, 2016 at noon</td>
<td>Residence halls close for winter break</td>
</tr>
<tr>
<td>Jan. 1, 2017 at 8 a.m.</td>
<td>Residence halls reopen for winter quarter</td>
</tr>
<tr>
<td>Jun. 10, 2017 at noon</td>
<td>Residence halls close</td>
</tr>
<tr>
<td>Aug. 19, 2017 at noon</td>
<td>12-month apartment move-out</td>
</tr>
</tbody>
</table>

### Payment Due Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct. 14, 2016</td>
<td>Residence hall fall quarter charges due</td>
</tr>
<tr>
<td>Jan. 20, 2017</td>
<td>Residence hall winter quarter charges due</td>
</tr>
<tr>
<td>Apr. 14, 2017</td>
<td>Residence hall spring quarter charges due</td>
</tr>
</tbody>
</table>

More at [www.trumba.com/calendars/sea_hfs](http://www.trumba.com/calendars/sea_hfs)

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**Together We Will**

Living on campus offers you a unique and exciting opportunity to learn about people, their cultures and their lifestyles. Share your experiences with others; there are few times in our lives when we have the chance to live closely with so many different people.
LEARN OUR LINGO

Match the term with the definition and you’ll be speaking like a true Husky!

1. Application and assignment home page 6. myHFS
2. Dining account 7. RA (Resident Adviser)
3. FERPA authorization 8. RCSA (Residential Community
4. Guest portal Student Association)
5. Husky Card account 9. RD (Resident Director)

a. The account where your laundry money is stored. Funds can always be deposited into this account for use in on campus dining, vending machines and the bookstore. It is fully refundable.
b. Online consent allowing HFS to disclose information about your account to designated individuals.
c. The account where your dining funds are stored for use in campus dining facilities.
d. An online statement detailing housing charges and payments.
e. Students who live on your floor who serve as a resource and work to establish and maintain a cohesive and responsible community.
f. Where your FERPA authorized individuals can access your Statement of Account.
g. Full-time professional staff members who are responsible for the management of the Residential Life Program in each residential community.
h. The area on the HFS website where you can easily access your Application and Assignment Home Page and Statement of Account.
i. The webpage where you can edit your personal information, provide FERPA authorization, apply for housing and complete special requests.
j. The representative student body for students living in the residential communities at the UW.

PREPARING FOR YOUR TRANSITION

Use these questions for reflection:

• How will I communicate effectively with my roommate about my lifestyle?
• What is my plan to communicate regularly with my family so they know I am safe and well? How will I share information with them about important HFS news, deadlines and due dates?
• Who can I go to if I need additional support? What type of support might I need?
• What steps will I take to ensure my personal safety on campus and in my room?
• How can I make sure I am sticking to my budget and managing my dining account funds?
• What activities will I get involved with on campus and in my residential community?
• How can I be aware of residential community policies and housing agreement responsibilities?
• What can I do to positively impact my community?
Approximately 4,200 students are members of one of our 18 sororities or 32 fraternities. Majority of our organizations have physical chapter structures north of campus. Three fraternities currently operate without a physical living space.

The Greek community at UW is grounded in four core values:

- **Brotherhood/Sisterhood** – students value connections with other members of their organization and promote activities that increase bonding.

- **Scholarship** – students value academic performance and, on average, outperform their non-affiliated peers on campus by a tenth of a grade point average.

- **Leadership** – all organizations are self-governing, meaning that students instantly have the opportunity to be involved in meaningful leadership roles and build skills that are highly transferrable elsewhere on campus.

- **Philanthropy & Service** – all of our organizations partner with local or national charitable organizations and, annually, raise approximately $500,000 and donate over 100,000 hours of their time.

New Students to the University of Washington have the opportunity to go through a recruitment (sometimes referred to as rush) process to explore membership in a fraternity or sorority.

First-year students move directly into the chapter house (if applicable) and enjoy meals as well as all the amenities of a large structure at a cost that is, on average, comparable to living on campus with a standard meal plan.

**JOINING A SORORITY**

Women may choose to participate in fall formal recruitment in September, a process in which they can visit each of the community’s 18 sororities. Women can register for this process online ([www.uwpanhellenic.com](http://www.uwpanhellenic.com)) and must do so by August 31.

**JOINING A FRATERNITY**

Fraternities do not have a formal recruitment process — men who are interested are encouraged to explore online fraternity profiles ([uwifc.com](http://uwifc.com)) and contact fraternities to set up house tours. The majority of fraternity recruitment occurs during the summer, though students are able to join a fraternity at any time during the academic year.
1. Cannot get up before 6 AM.
2. Cannot go to bed later than 11:30 PM because of early class on Tuesday morning.
3. Needs half an hour to get ready in the morning.
4. Needs fifteen minutes to get ready for bed.
5. Must have breakfast, lunch and dinner.
6. Classes for today (Monday):

<table>
<thead>
<tr>
<th>Course</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oceanography</td>
<td>8:30am - 9:20am</td>
</tr>
<tr>
<td>FIG Gen ST 199</td>
<td>9:30am – 10:20am</td>
</tr>
<tr>
<td>Slavic Languages</td>
<td>1:30am – 2:20pm</td>
</tr>
<tr>
<td>Chemistry Lab</td>
<td>2:30pm – 5:20pm</td>
</tr>
</tbody>
</table>

7. Should spend 1-2 hours researching and writing for FIG CoRe project that is due Friday.
8. Should prepare for the quiz in Chem lab this afternoon (~ 30 minutes).
9. Wants to spend some time with their partner.
10. Wants to call best friend in California to wish them a happy birthday, which would probably result in a long phone conversation (40-60 minutes).
11. Needs to make copies of some paperwork to send home to parents.
12. Has an RSO meeting from 7:30pm – 9:00pm.
13. Would like to go to the IMA and go for a 30-minute run.
14. Friend's sorority is showing your favorite movie from 8:00 – 10:00 PM.
15. Extra credit English lecture worth 15 points from 6:30 – 8:30pm, but you must stay the entire time to receive extra credit.
16. Has a paper proposal to turn in to Oceanography professor at some time during the day and would preferably sit down and discuss idea for paper (~25 minutes with discussion).
17. Needs some downtime for reading the newspaper, checking email, or taking a nap, etc.
18. Wants to spend some time reading new book for fun.
19. Needs to call the hospital to set up volunteer time for Thursday (~15 minutes).
20. Has 10 pages in Slavic Workbook due Wednesday.
Order your textbooks online at ubookstore.com/textbooks

STUDENTS
PRESENT THIS COUPON TO GET A FREE
WELCOME T-SHIRT
FROM THE HUSKY SHOP
While supplies last.

PARENTS
PRESENRT THIS COUPON TO
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at our U District or HUB stores

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