# Freshman A&O

**Day 1**

**11:30 a.m. - 12 p.m.**

**Welcome**

**12:10 - 12:50 p.m.**

**Small Group: Community Building**

## General Sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>1 - 1:30 p.m.</td>
<td><strong>Tools for Academic Success</strong></td>
</tr>
<tr>
<td>1:30 - 1:50 p.m.</td>
<td><strong>Conversation with Faculty</strong></td>
</tr>
<tr>
<td>2 - 2:30 p.m.</td>
<td><strong>Husky Experience Information Sessions</strong></td>
</tr>
<tr>
<td>2:30 - 3 p.m.</td>
<td><strong>Small Group: Connecting to UW Resources</strong></td>
</tr>
<tr>
<td>3:10 - 3:30 p.m.</td>
<td><strong>Academic Introduction</strong></td>
</tr>
<tr>
<td>3:40 - 4:25 p.m.</td>
<td><strong>Academic Interest Sessions</strong></td>
</tr>
<tr>
<td>4:35 - 4:55 p.m.</td>
<td><strong>Registration Information &amp; University Book Store</strong></td>
</tr>
<tr>
<td>4:55 - 5:45 p.m.</td>
<td><strong>Life Hacks for Your First Year</strong></td>
</tr>
<tr>
<td>5:55 - 6:25 p.m.</td>
<td><strong>Small Group: Identity &amp; Community</strong></td>
</tr>
<tr>
<td>6:30 p.m.</td>
<td><strong>Day 1 Closing</strong></td>
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## Engineering Sessions (July 11 & August 6):

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<td>2:10 - 2:40 p.m.</td>
<td><strong>Husky Experience Information Sessions</strong></td>
</tr>
<tr>
<td>2:50 - 3:15 p.m.</td>
<td><strong>Academic Introduction</strong></td>
</tr>
<tr>
<td>3:25 - 3:50 p.m.</td>
<td><strong>Engineering General Session</strong></td>
</tr>
<tr>
<td>4 - 4:50 p.m.</td>
<td><strong>Life Hacks for Your First Year</strong></td>
</tr>
<tr>
<td>5 - 6:30 p.m.</td>
<td><strong>College of Engineering Connections</strong></td>
</tr>
<tr>
<td>6:30 - 7 p.m.</td>
<td><strong>Fraternity &amp; Sorority Life Information Session</strong></td>
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*Optional session presented by Fraternity & Sorority Life.*

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**Get the A&O and Dawg Daze schedules on your phone.**

**Download the UW NEW HUSKIES app**

*for iPhone & Android devices.*

**Text First Year Programs at**

**802-490-5012**

if you have questions or need help during your orientation.
FRESHMAN A&O DAY 2

BEFORE DAY 2, REMEMBER:

- Complete the pre-registration screens on MyUW.
- Bring a government issued photo ID.
- Have access to your UW NetID and password.
- Wear comfortable walking shoes & clothing.
- Check-out of your residence hall by 6 p.m.

8 a.m.
SMALL GROUP: CHECK-IN
Breakfast is on your own. However, coffee is available during this first session.

8:10 - 8:30 a.m.
ACADEMICS WELCOME

TIMES VARY
SMALL GROUP TOPICS
- Time Management
- Academic Integrity Case Study
- Health & Wellness
- Campus Wayfinding & UW Traditions
- Choices & Relationships

TIMES VARY
ACADEMICS, CAMPUS EXPLORATION & LUNCH:

Advising & Registration
Join academic advisers to continue talking about areas of study and graduation requirements. Advisers will also be on hand to help you register for courses.

Your New Found Freedom
Discuss strategies for finding balance in school, work and your personal life by taking responsibility for the decisions you make in college and the impact your decisions have on yourself and others in your community.

Health & Wellness Resources
Explore how mental health, relationships, consent, alcohol and interpersonal violence impact your UW experience. Learn about campus resources that support students.

Money Matters
Identify best practices for managing your finances while in college and learn about your responsibilities when it comes to paying the tuition bill.

4:25 - 4:55 p.m.
CLOSING & TRADITIONS
Wrap up your A&O by learning about UW traditions, picking up your Husky ID card and getting your final questions answered.

5 - 6 p.m.
UNIVERSITY BOOK STORE RECEPTION 4326 UNIVERSITY WAY NE
Meet your family at the University Book Store on the Ave to enjoy refreshments and pick up your free University of Washington t-shirt at The Husky Shop (p. 79).

Before you leave...
Complete the Freshman A&O Program Evaluation fyp.washington.edu/freval