New International Freshman Transition

Welcome to the UW! The following 6 pieces should be completed, in recommended order, prior to the start of autumn quarter.

START HERE

International Student Services (ISS) Online Orientation
*Mandatory
Complete the required ISS Online Orientation Session.

More information at: https://iss.washington.edu/new-students/pre-arrival

Sign Up for Health Insurance
*Mandatory
All international students must maintain adequate health insurance while attending the University of Washington. You must sign up for health insurance before you are allowed to select classes during your Hybrid International A&O (1-day Online/1-day On-Campus).

More information at: http://www.washington.edu/ship

University 101
*Mandatory
The Advising and Orientation (A&O) process requires the completion of a pre-orientation online component called University 101 (U101).

More information at: http://fyp.washington.edu/u101

First Year Programs (FYP) Advising and Orientation (A&O)
*Mandatory
Register for classes and begin to create community at A&O!

More information at: http://fyp.washington.edu

Measles Immunization
*Mandatory
All UW Seattle students are required to provide proof of measles immunity. Students will not be allowed to register for any classes until they have completed the UW Measles vaccination requirement.

More information at: http://fyp.washington.edu/measles

FIUTS Orientation
*Attendance is strongly encouraged

Greeting Table
September 13-20
10:00a-1:00p

Opening Day: International Welcome Ceremony
September 15

More information at: http://www.fiuts.org

For more information on transitioning to the UW, visit the Welcome site!
http://admit.uw.edu/Welcome/International/
Attending a tutoring session and seeking advice from an academic adviser are steps to success. Explore the resources below and take action autumn quarter!

### Undergraduate Advising: Choosing a Major
Advisers in Undergraduate Academic Affairs can assist you in your academic journey by supporting your exploration, reflection and growth. Here are some things to keep in mind when exploring majors:

1. Most students are admitted to the UW as “pre-major” students. That means that **you’re not yet in a major or department**, and that you’re going to have to apply to get into a major.
2. UAA Advisers work with students in their first two years while they take general education classes, explore new subjects, and take required classes to be able to apply to specific majors.
3. The UW offers over 180 majors, so there are **many disciplines and tracks for you to choose from**. Some majors are more competitive than others. Working with your academic adviser is a good way to find multiple majors that meet your interests and ensure that you are well prepared to apply to those departments.

Visit the UAA Advising Website to start searching for majors. [http://fyp.washington.edu/chooseamajor](http://fyp.washington.edu/chooseamajor)

### Academic Support Programs: Conversation Groups and CLUE Study Center
Enhance your classroom experience through participation in academic resources on campus:

1. **Conversation Groups** are a great way to acclimate to the UW campus. Groups are offered Tuesdays from 7-9pm in Mary Gates Hall 284. These are spaces where international and multilingual students can get comfortable discussing life and culture at the UW and become confident improving communication skills and speaking English.
2. **Center for Learning and Undergraduate Enrichment (CLUE)** is the UW’s free, late-night, multidisciplinary study center also located in Mary Gates Hall. CLUE provides free Drop-In Tutoring, Writing Center, Exam Review and Discussion Sessions where Teaching Assistants (TAs) from courses across campus run weekly sessions to dive into the topic further.

Identify a Conversation Group you will visit autumn quarter. [http://depts.washington.edu/aspuw/clue/home/](http://depts.washington.edu/aspuw/clue/home/)

### Husky Leadership Initiative (HLI): Become a Leader on Campus
Leadership can be learned and grows out of experience, practice and reflection. Everyone can engage in leadership. Here are two ways to jumpstart your leadership development journey this fall:

1. Get inspired by attending U Lead We Lead where you’ll hear from local leadership legends (October 20 | 6-8 p.m. | The HUB).
2. Register for a one credit Freshman Collegium Seminar and explore fascinating topics alongside UW’s innovative faculty members.
3. Explore one of the many registered student organizations (RSO) to meet students with similar interest as you.

Follow the Husky Leadership Initiative at [http://huskyleadership.uw.edu](http://huskyleadership.uw.edu) to stay up to date on leadership development opportunities throughout the year.