

A&O EVAL 2017

Health & Wellness Report: As of Sept. 15

fyp.washington.edu/downloads/Assessment/HWSept15.pdf

TR Students	FR Students	Parents
283	3714	402

FRESHMAN & TRANSFER A&O

Rate the following statements based on how much you agree with them. As a result of the Health & Wellness workshops in A&O ...

I recognize Health & Wellness as a resource for support.	TR	FR
1 Strongly disagree	0.36%	0.74%
2 Disagree	0.72%	0.60%
3 Agree	57.61%	60.08%
4 Strongly agree	41.30%	38.58%
Mean	3.40	3.37

I can recall at least one recommended strategy to cope with and manage stress in college.	TR Mean	FR Mean
1 Strongly disagree	1.08%	0.71%
2 Disagree	2.15%	0.85%
3 Agree	50.54%	53.25%
4 Strongly agree	46.24%	45.20%
Mean	3.42	3.43

I recognize at least one strategy to drink alcohol in a less risky way, if I make the choice to drink.	TR	FR
1 Strongly disagree	1.09%	0.65%
2 Disagree	1.46%	0.35%
3 Agree	50%	49.14%
4 Strongly agree	47.45%	49.85%
Mean	3.44	3.48

Rate the following statements based on how much you agree with them. As a result of the Health & Wellness workshops in A&O ...

I can define consent in sexual relationships.	TR	FR
1 Strongly disagree	0.73%	0.74%
2 Disagree	1.46%	0.16%
3 Agree	47.81%	45.15%
4 Strongly agree	50%	53.94%
Mean	3.47	3.52

I recognize there are opportunities to get involved in peer education or other Health & Wellness programs.	TR	FR
1 Strongly disagree	1.11%	0.72%
2 Disagree	2.59%	1.54%
3 Agree	52.96%	58.39%
4 Strongly agree	43.33%	39.36%
Mean	3.39	3.36

Based on what was covered in U101 and A&O, rate how well we covered following topics:

Wellness (mental health, interpersonal violence, alcohol, and other drugs)	TR	FR
Too much information	6.57%	12.50%
Appropriate amount of information	90.51%	86.36%
Not enough information	2.92%	1.14%

PARENT ORIENTATION

Select the answer that best represents your satisfaction with the following orientation experiences.

Parent Handbook for Talking with College Students About Alcohol (quality of publication, content)	PA
Not applicable	20.81%
1 Very dissatisfied	0.25%
2 Dissatisfied	0.51%
3 Satisfied	27.41%
4 Very Satisfied	51.02%
Mean	3.88

Select the answer that best represents your agreement with the following statements.

Parent Handbook for Talking with College Students About Alcohol gave me the tools and strategies to support my student.	PA
Not applicable	26.97%
1 Strongly disagree	0.51%
2 Disagree	1.27%
3 Agree	38.68%
4 Strongly agree	32.57%
Mean	3.49

Select the answer that best represents your satisfaction with the following Parent Orientation sessions and presentations. Select Not Applicable if you did not attend the session.

Wellness: Health & Wellness	PA
Not applicable	8.83%
1 Very dissatisfied	0.78%
2 Dissatisfied	1.04%
3 Satisfied	37.66%
4 Very Satisfied	51.69%
Mean	4.23