Mapping Your UW Experience: Part 2

Why University of Washington?
I have a deep passion for the STEM field, specifically anatomy and physiology, and want to pursue a healthcare profession in the future. I also wanted to immerse myself in a different and more diverse environment. I chose UW because I believe that it will provide me the resources to succeed both in my personal life and in my academic and future career.

LEARNING & SUPPORT SYSTEM

I hope to engage in many experiences that will challenge my thinking and push me out of my comfort zone. I anticipate learning more about the people around me as well as opening myself up to new subjects and ideas. Through embracing these experiences and learning in UW’s academic setting, I believe I will gain a more well-rounded understanding of the world and the people in it.

I want my support system at UW to consist of smaller communities within the large university setting, so I can experience close relationships with peers while being able to get out of my comfort zone to reach out to others. I would also like my support system to include a mix of people who have similar and different goals than I do, so I can relate to some and learn the perspectives of others.

ACADEMIC GOAL

I would like to develop better study routine and time management skills. I believe this will prepare me for my future classes and workload.

To achieve this goal, I will utilize UW’s Academic Support Programs and participate in Academic Success Coaching. I will also ask my classmates if they have any tips that help them with studying.

PERSONAL GOAL

I would like to prioritize my mental health during my first year. I believe doing this will allow me to have a good start to my college career.

To achieve this goal, I will take advantage of the resources on UW's LiveWell website. I will attend educational workshops as well as read articles that can help in learning more about health.

COMMUNITY ENGAGEMENT & INVOLVEMENT

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SUCCESS AT UW

Being successful at UW to me does not mean comparing my performance to the performance of others but rather comparing what I have done to what I want to do with my time at this university. I believe that being successful consists of fully utilizing and taking advantage of all the resources I have to accomplish what I want and trying my best through it all.

Being a fully engaged member means to be aware and involved with events in the university community. Even in the midst of the pandemic, I believe that I can still be an active member in my community through joining various RSOs, attending virtual meetings, and creating relationships with other classmates. I can fully engage with the community virtually around me by reaching out to others through social media and participating in any virtual events.

By joining a First-Year Interest Group, I was able to talk to my classmates and learn about how they study and manage their time, which helps with my academic goal. I am also planning on joining some RSOs that relate to my field of interest in medicine and healthcare. I believe that through meeting people who have similar interests and worries as I do, I will be able to learn from them and prioritize my mental health by finding people to talk to about my struggles.